Enthusiastic Sobriety Abuse Alliance

THE COLORADO PROGRAMS

THE CORNERSTONE PROGRAM FULL CIRCLE PROGRAM



CO PROGRAM SURVIVORS



Data and Testimonies collected by **Enthusiastic Sobriety Abuse Alliance.**

Most clients attend Outpatient between 8 - 16 weeks, Monday through Friday.

Next, they attend an additional Aftercare **Program for an average of 6 weeks.**

Clients are then required to be involved in the "Alternative Peer Group" for 2 - 3 years which requires biweekly meetings, weekend functions and only interact with fellow **Group members until Graduation. Staff are** recruited from their clientele and asked to attend Training at the Meehan Institute.

24 SURVIVORS

- 19 Minors
- 5 Young Adults
- 5 Former Staff

RECENT

- 1 Left 2019
- 9 Left 2021
- 2 Left 2022

PROGRAMS

- 8 Full Circle
- 17 Cornerstone

EXIT

- 8 "Bailed" (Quit)
- 8 Graduated
- 3 Kicked Out
- 4 Quit Staff
- 1 Fired from Staff

WERE YOU EVER PRESENT DURING RECKLESS **DRIVING THAT YOU THOUGHT COULD ENDANGER YOUR LIFE OR WELLBEING?**

Never

Present in cars at dangerously high speeds

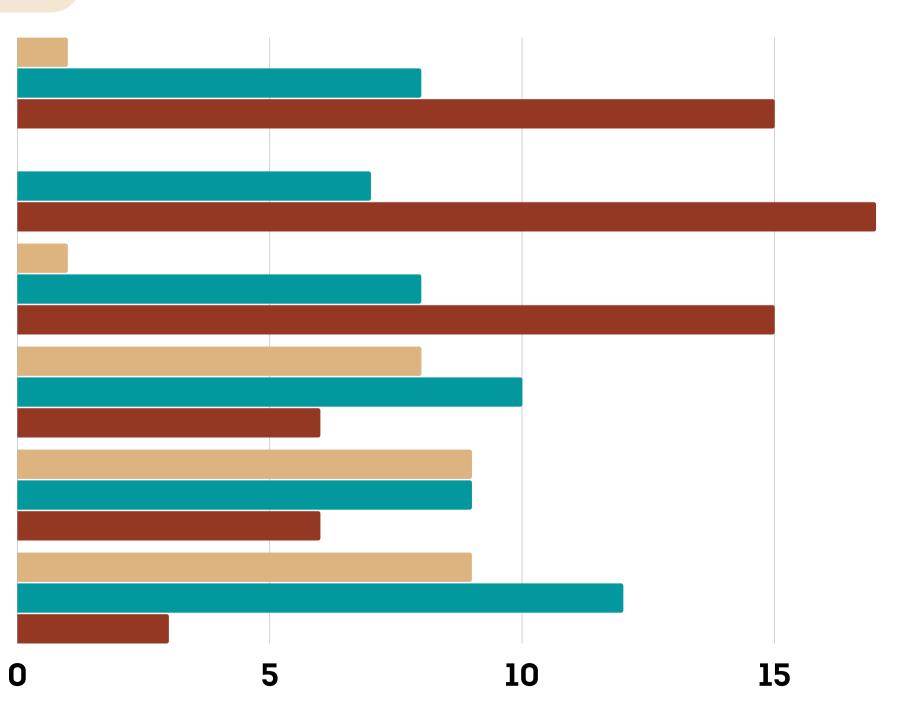
Present in cars while driver was sleep deprived

Played "Car Games" / Reckless Driving

Witnessed Car Accidents

First Responders Involved

Witnessed Car Injuries





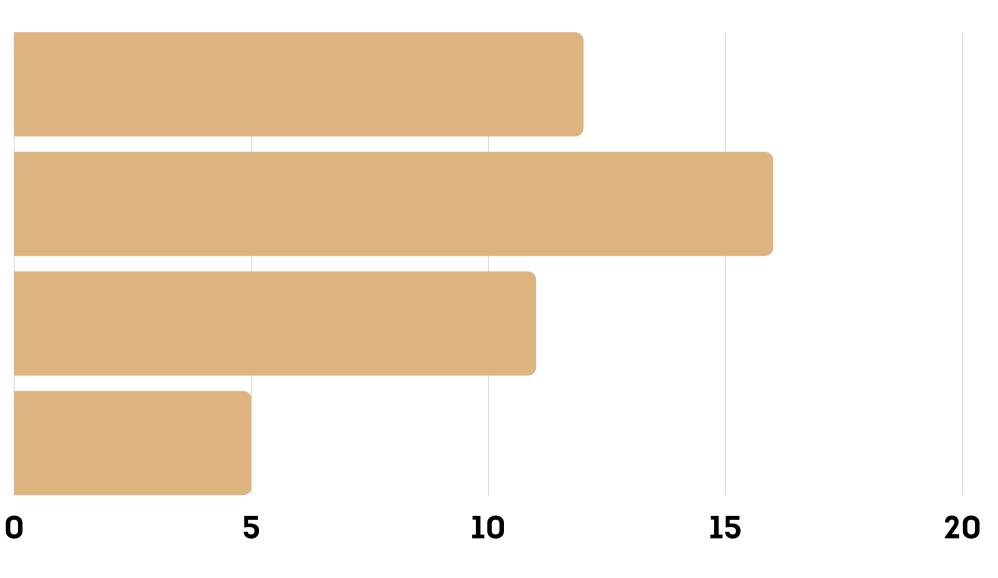
IN REGARD TO STAFF AND RECKLESS DRIVING, PLEASE CHECK ALL THAT APPLY

Staff sharing stories of Reckless Driving

Staff sharing stories of driving sleep deprived

Staff sharing stories of "Car Games"

Staff daring you to drive in a reckless way





WERE YOU EVER PRESENT DURING A FIRE THAT YOU **THOUGHT COULD ENDANGER YOUR LIFE OR WELLBEING?**



Trespassed to have a fire

Involved Combustibles & Explosives

Felt a fire "got out of hand"

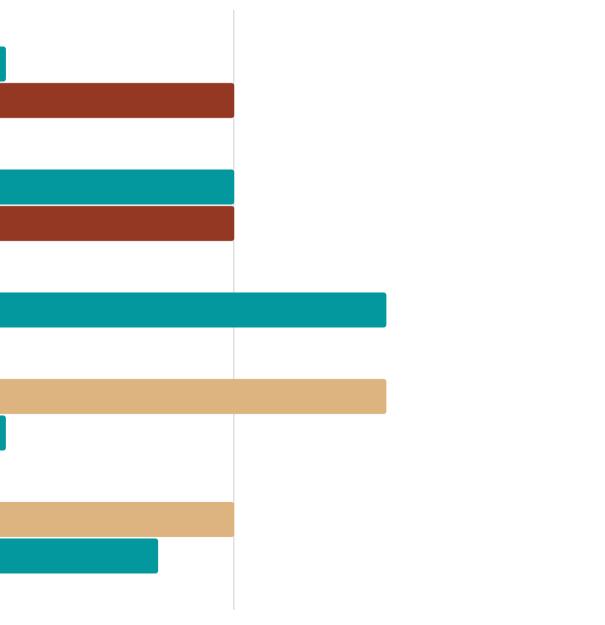
Fire related injuries

First Responders Involved

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Sometimes Often



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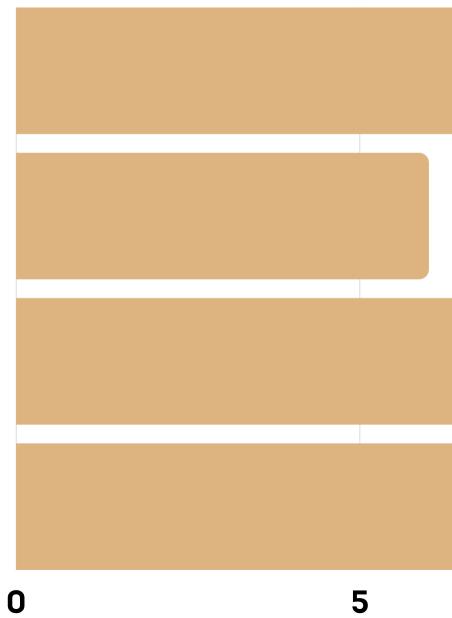
IN REGARD TO STAFF AND FIRES, PLEASE CHECK ALL THAT APPLY

Staff sharing stories of explosives

Staff sharing how to make explosives

Staff sharing stories of burning buildings

Staff sharing where to have a fire







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WERE YOU EVER WITNESS TO PROPERTY DAMAGE THAT YOU THOUGHT COULD ENDANGER YOUR LIFE **OR WELLBEING?**



Witnessed Property Damage

Witnessed Burning Property/Buildings

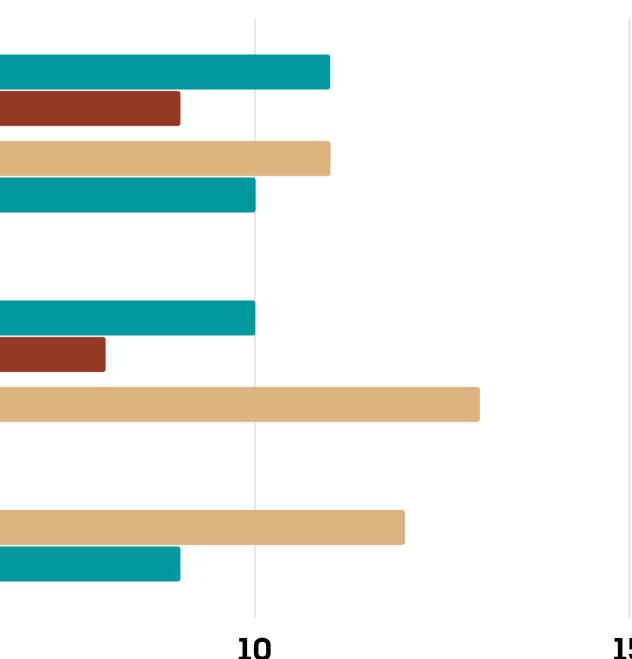
Defacing or Vandalizing Property

First Responders Involved

Property Damage Related Injuries

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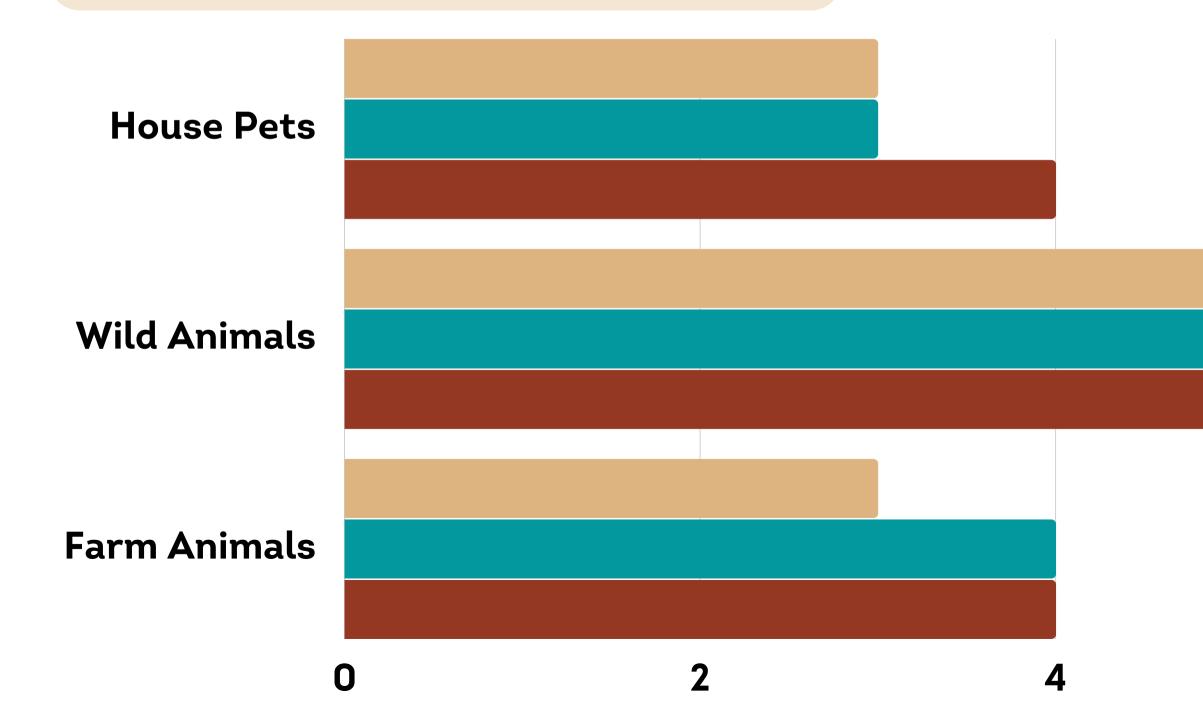




PHYSICAL EVENTS: ANIMAL ABUSE

DID YOU WITNESS ANIMALS BEING MISTREATED WHILE IN THE GROUP? CHECK ALL THAT APPLY:

At Function





At the Shop

6

At Hangout

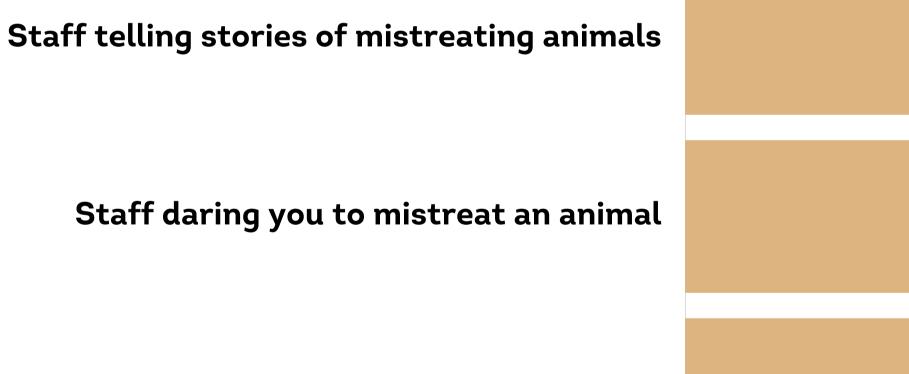
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PHYSICAL EVENTS: ANIMAL ABUSE

IN REGARD TO THE MISTREATMENT OF ANIMALS AND STAFF, PLEASE CHECK ALL THAT APPLY

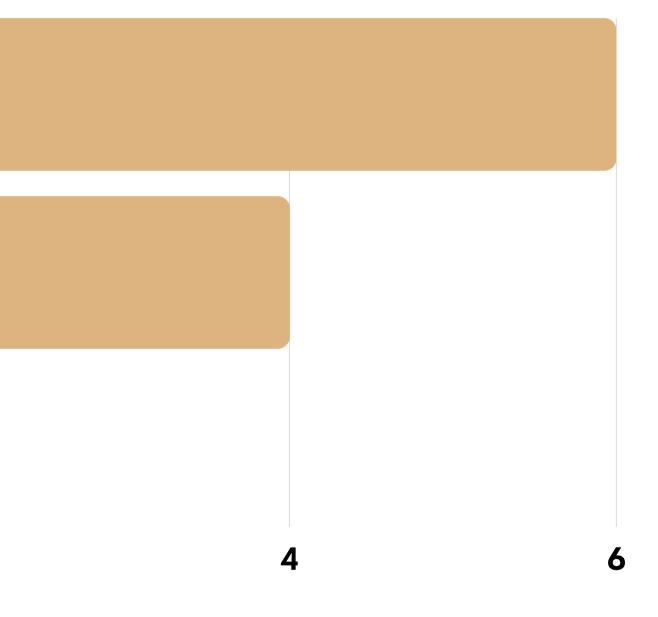
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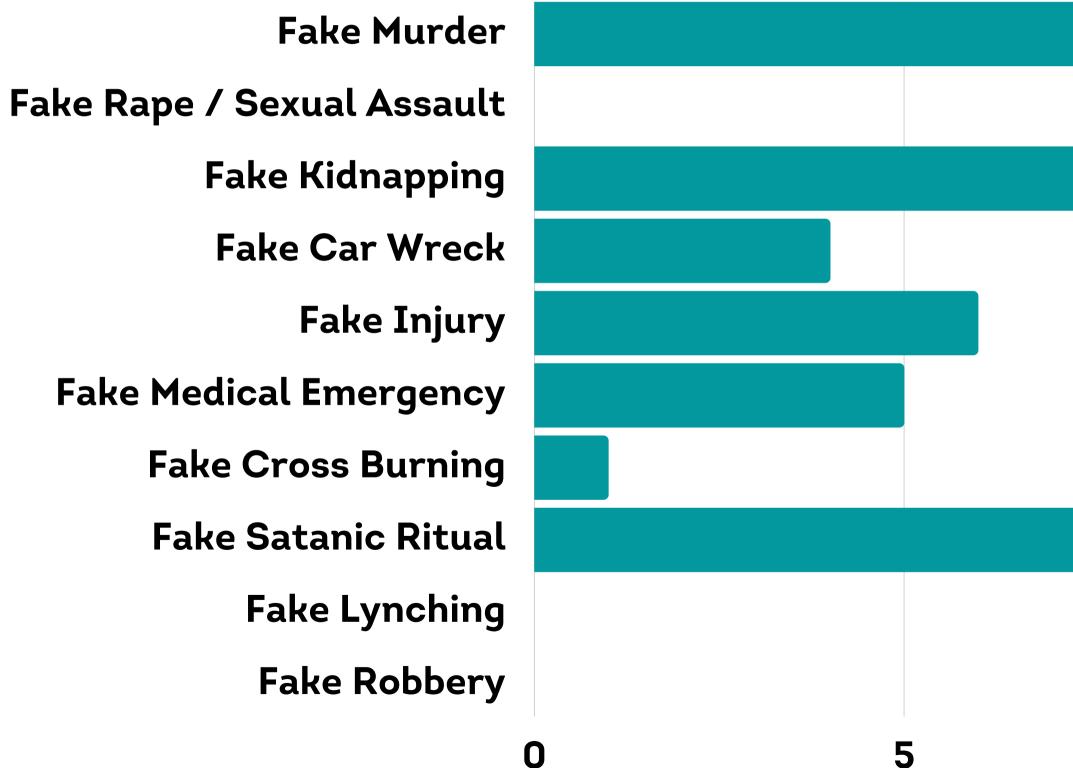
Staff providing animals at functions/shop





PHYSICAL EVENTS: FEAR MISSIONS

DID ANY FEAR MISSION YOU PARTICIPATED IN INCLUDE:

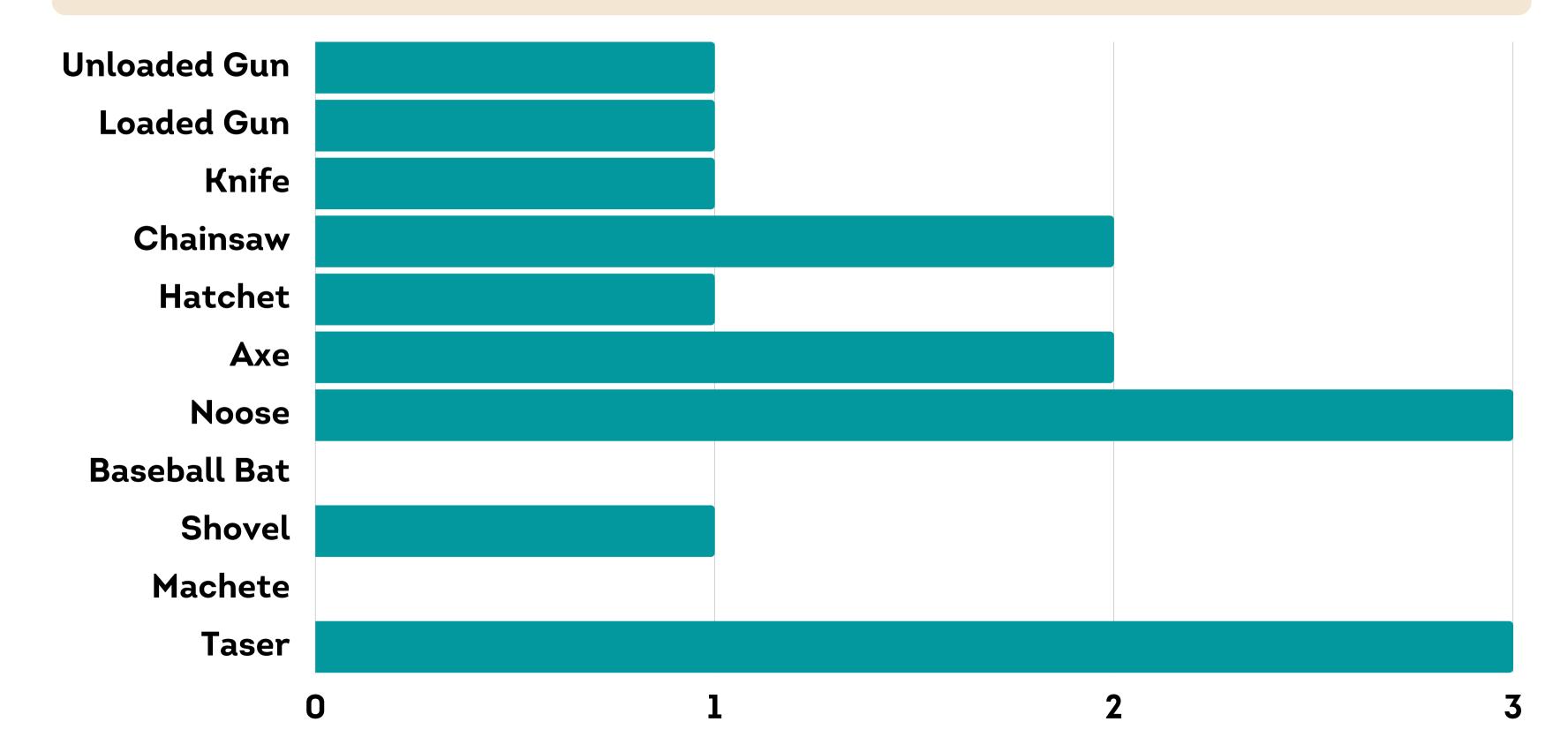




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PHYSICAL EVENTS: FEAR MISSIONS

WERE ANY WEAPONS INVOLVED WITH FEAR MISSIONS YOU PARTICIPATED IN?:





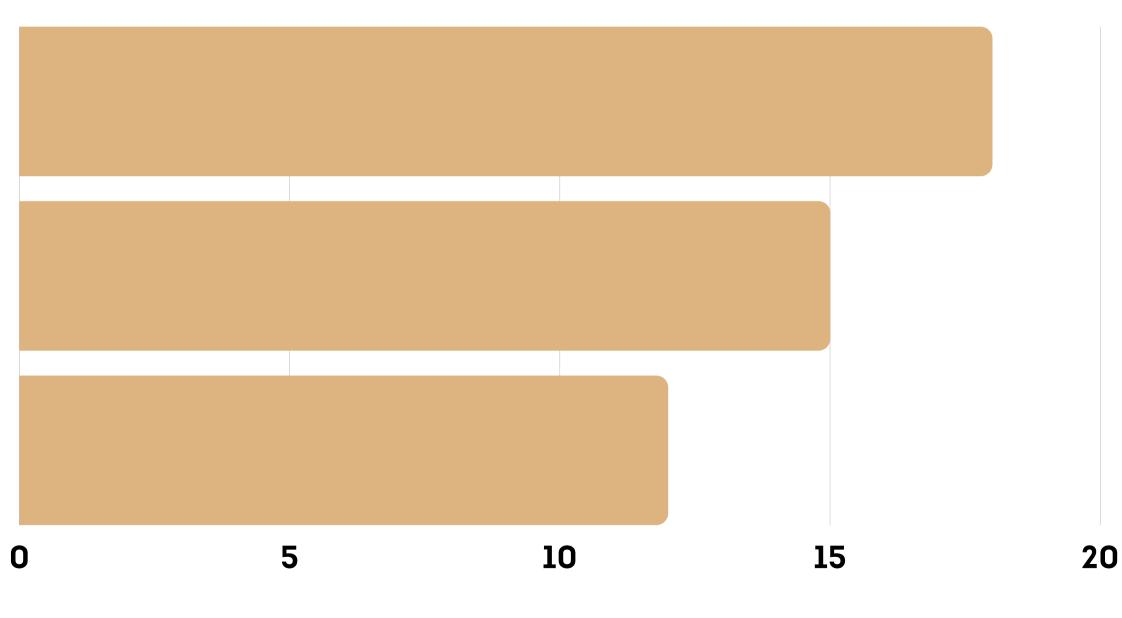
PHYSICAL EVENTS: FEAR MISSIONS

IN REGARD TO FEAR MISSIONS AND STAFF, PLEASE CHECK ALL THAT APPLY

Staff telling Fear Mission stories

Staff influencing the planning

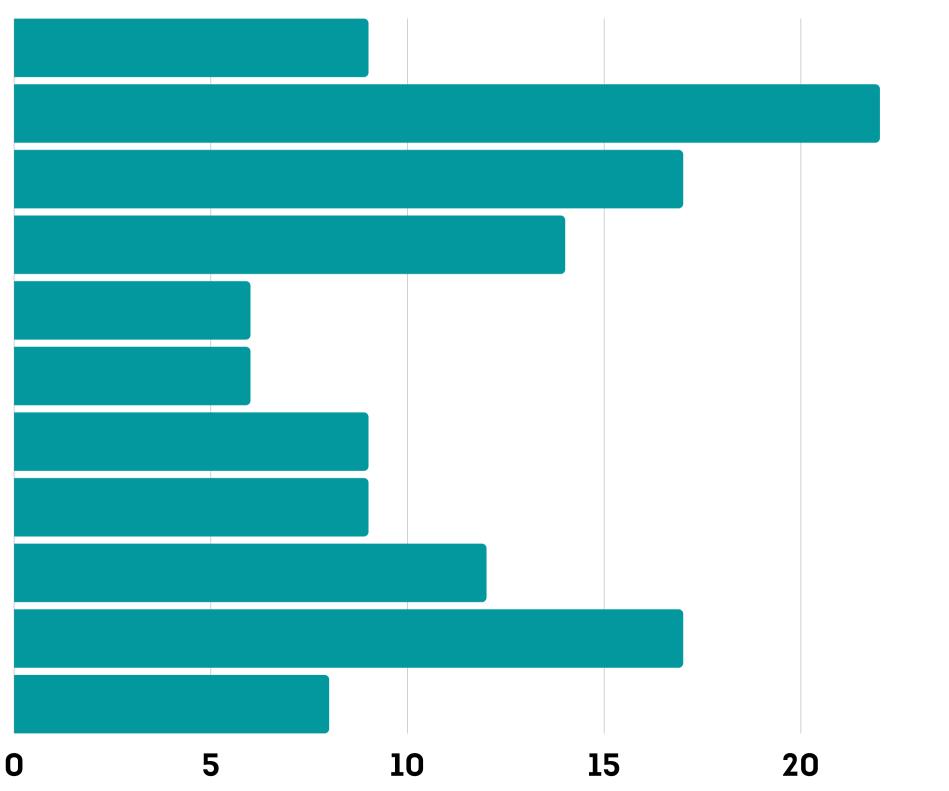
Staff picking targets





DID YOU WITNESS STAFF TELLING YOU OR OTHERS INAPPROPRIATE THINGS IN REGARD TO SEXUAL CONDUCT & RECOVERY FROM SUBSTANCE ABUSE?

Pornography causes homosexuality Pornography causes sexual addiction Pornography will cause a drug relapse **Discouraging masturbation for recovery Encouraging masturbation for recovery Discouraging shaving pubic hair** Shaving pubic hair causes pedophilia Certain sexual positions are "spiritual" Certain sexual positions are "spiritually sick" Women who want sex are "spiritually sick" Women can't consent to sex



25

DID YOU PERSONALLY EXPERIENCE STAFF SAYING OR DOING ANY OF THESE THINGS IN A PUBLIC OR PRIVATE SETTING, OR DID YOU WITNESS IT BEING SAID OR DONE TO OTHERS? CHECK ALL THAT APPLY

Publicly (OP, S1, S2, etc.)

Privately (Staff Appt. / Staff Sponsor)

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Asked for history of sexual positions

Asked for history of sexual partners

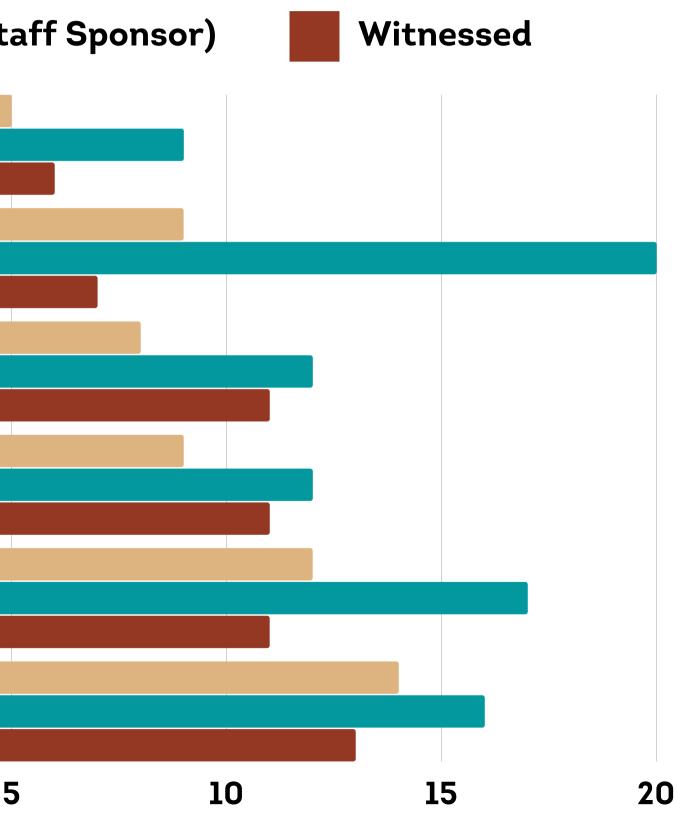
Forced to talk about sexual abuse

Made to share explicit sexual details

"No Victims, Only Volunteers" about Sexual Assault/Abuse

"Own your part" to sexual assault





DID YOU PERSONALLY EXPERIENCE STAFF SAYING OR DOING ANY OF THESE THINGS IN A PUBLIC OR PRIVATE SETTING, OR DID YOU WITNESS IT BEING SAID OR DONE TO OTHERS? CHECK ALL THAT APPLY

Publicly (OP, S1, S2, etc.)

Privately (Staff Appt. / S

Accused of lying about Sexual Assault/Abuse

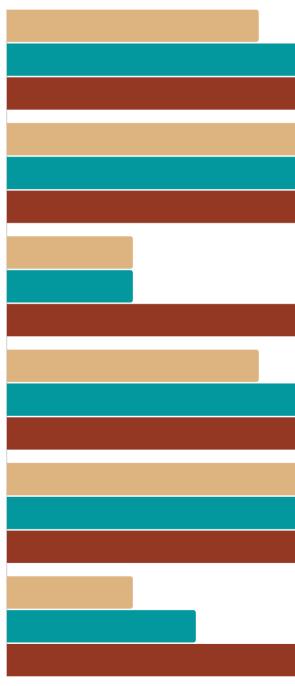
Called derogatory name for Sexual Assault/Abuse

Told to Consider Sexual Assault a "compliment"

Had a panic attack talking about Sexual Assault/Abuse

Staff let peers interrogate your Sexual Assault/Abuse

Had to "prove" Sexual Assault



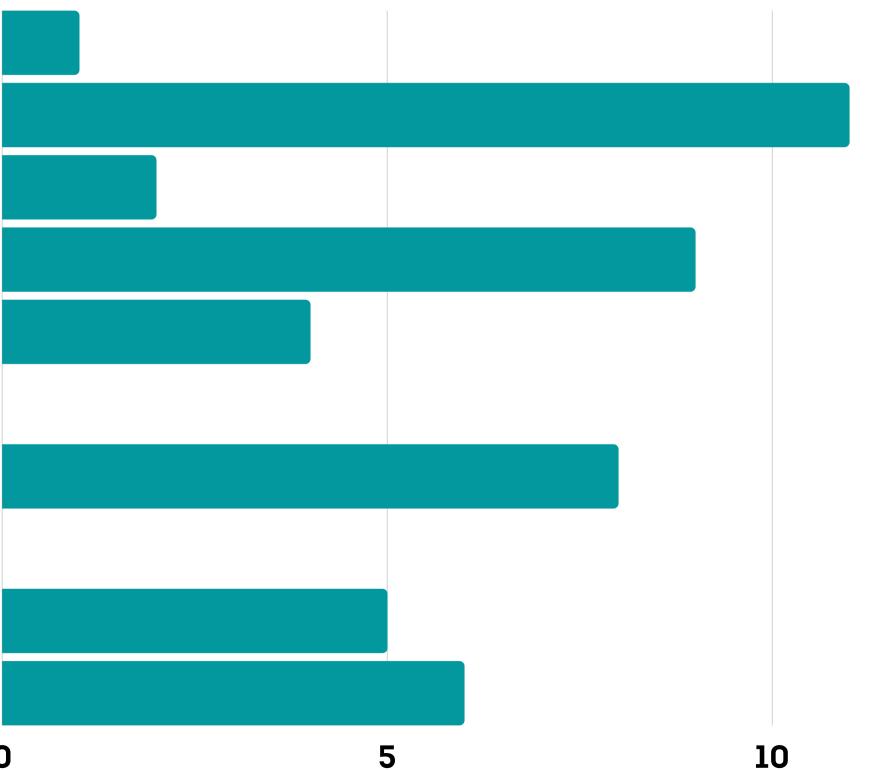


Staff Sponsor)	Witnessed
5	10

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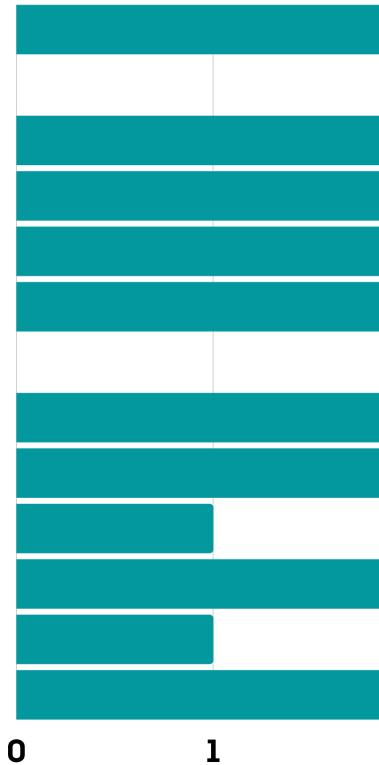
DID ANY OF THE FOLLOWING HAPPEN TO YOU DURING YOUR TIME IN THE PROGRAM?

Inappropriate touching by Staff Inappropriate touching by peer **Excessive unwanted touching by staff** Excessive unwanted touching by peer Flirting from Staff Sexually suggestive texts from Staff Sexually explicit conversation with Staff Dared to put Icy/Hot on genitals by Staff Being hit/smacked on the genitals **Experienced** flashing





DID ANY OF THE FOLLOWING HAPPEN TO YOU DURING YOUR TIME IN THE PROGRAM?

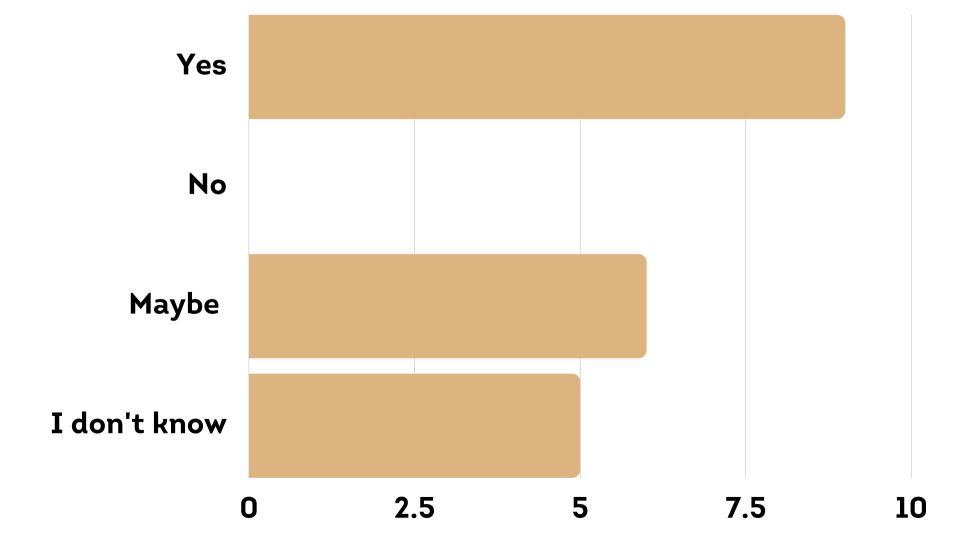


Coerced into nudity Had your nude photos shared in OP/S1/S2 **Coerced into sexual activity Unwanted Penetration** Unwanted oral penetration Unwanted vaginal penetration Unwanted anal penetration Sexual encounter as a minor with someone 18+ Intercourse as a minor with someone 18+ Attempted sexual assault Sexual assault **Attempted Rape** Rape



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WAS STAFF AWARE OF SEXUAL **MISCONDUCT IN THE GROUP?**



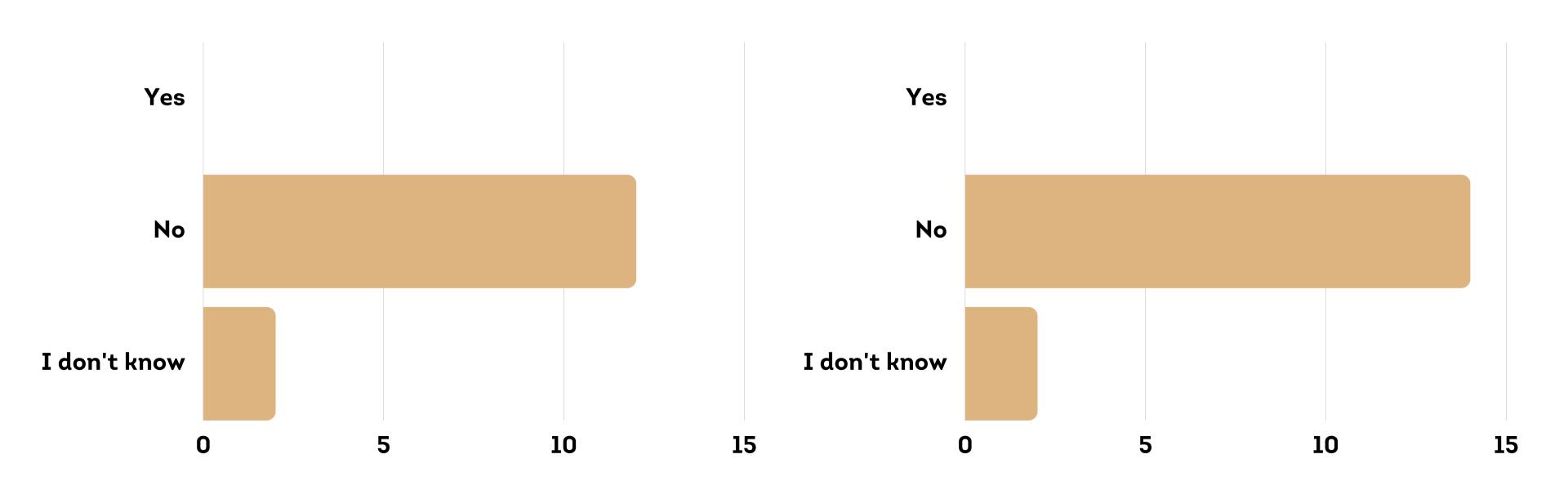
- Bob Meehan
- Joy Meehan
- Frank Szatcha
- Heather Bennett
- Tyler Barkey
- Alycea Vega
- Ben Stincer
- Jennifer Guest

PLEASE NAME STAFF MEMBERS WHO WERE AWARE OF SEXUAL MISCONDUCT

(Evans/Gambini)

- Jacqueline Padgett
- Chloe Muggeridge
- Sam Wilson
- Heather Poole (Bennet)

IF YOU EXPERIENCED ANY INAPPROPRIATE SEXUAL CONDUCT IN THE GROUP. WERE YOU OFFERED ANY WAY TO REPORT WHAT HAPPENED TO **AUTHORITIES?**

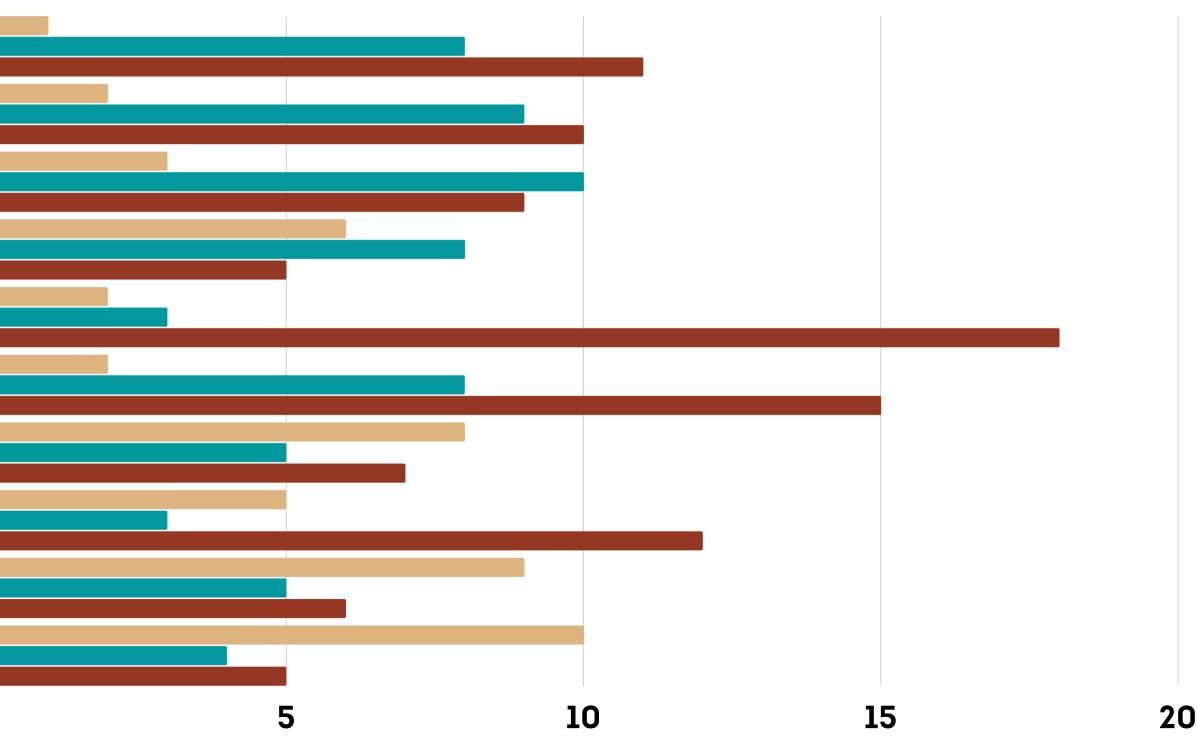


IF YOU EXPERIENCED ANY INAPPROPRIATE SEXUAL **CONDUCT AS A MINOR, BEFORE OR DURING YOUR TIME IN** THE GROUP, WERE YOU OFFERED ANY WAY TO REPORT WHAT HAPPENED TO AUTHORITIES?

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DID YOU EXPERIENCE ANY OF THE FOLLOWING DURING YOUR TIME IN THE GROUP?

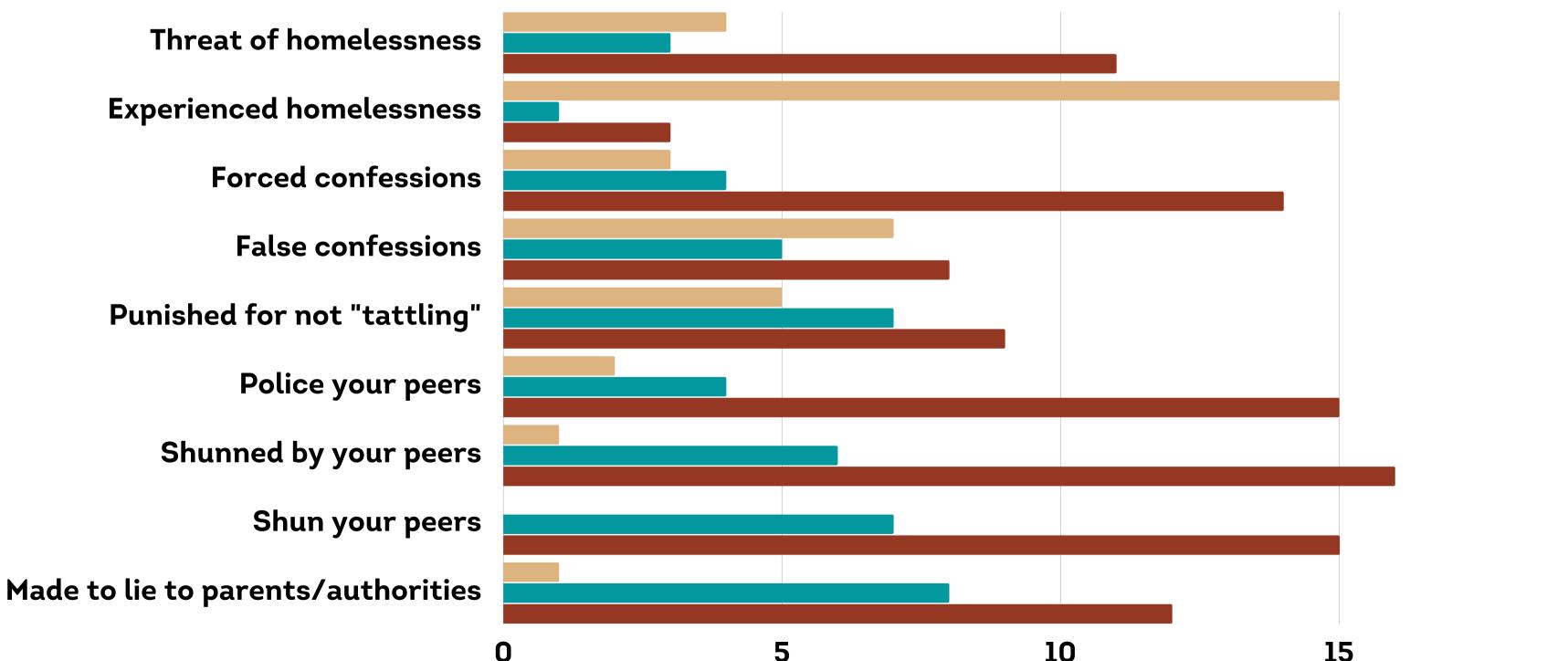
Public Humiliation Publicly Shamed Shamed for sexual behaviors Shamed for previous abuse Shamed for alone time Shamed for family time Shamed for doing homework Shamed for time at work Shamed suicide attempt/ideation Shamed for self harm



Never



DID YOU EXPERIENCE ANY OF THE FOLLOWING DURING YOUR TIME IN THE GROUP?

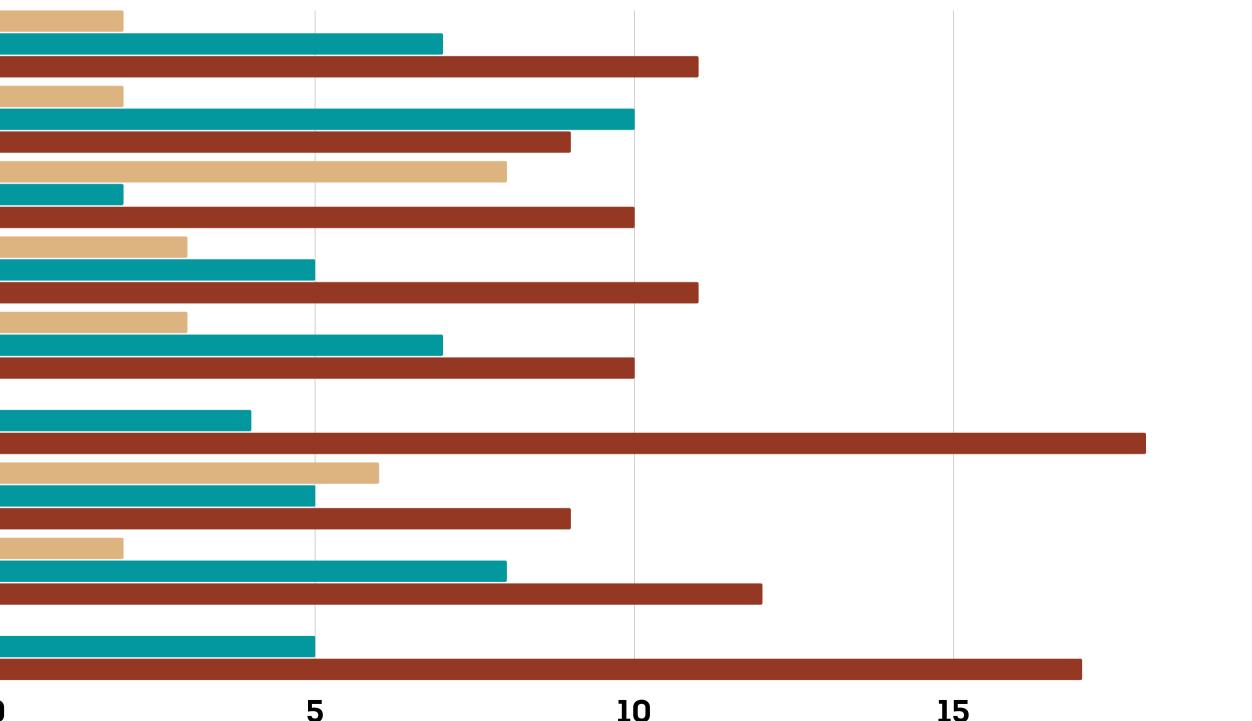


Never



DID YOU EXPERIENCE ANY OF THE FOLLOWING DURING YOUR TIME IN THE GROUP?

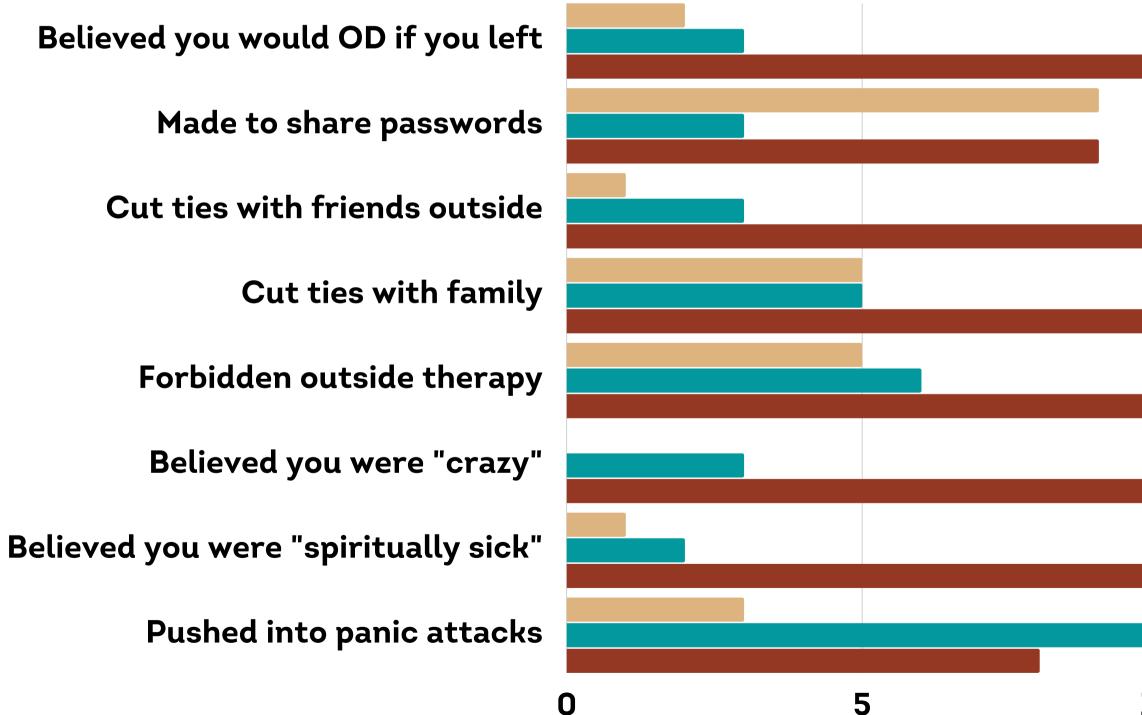
Relive Traumas Privately Relive Traumas Publicly Bullied for mental illness Verbal harassment by Staff Verbally attacked by peers Sleep deprivation **Derogatory name calling by Staff** Secrets exploited Believed you would die if you left



Never



DID YOU EXPERIENCE ANY OF THE FOLLOWING DURING YOUR TIME IN THE GROUP?



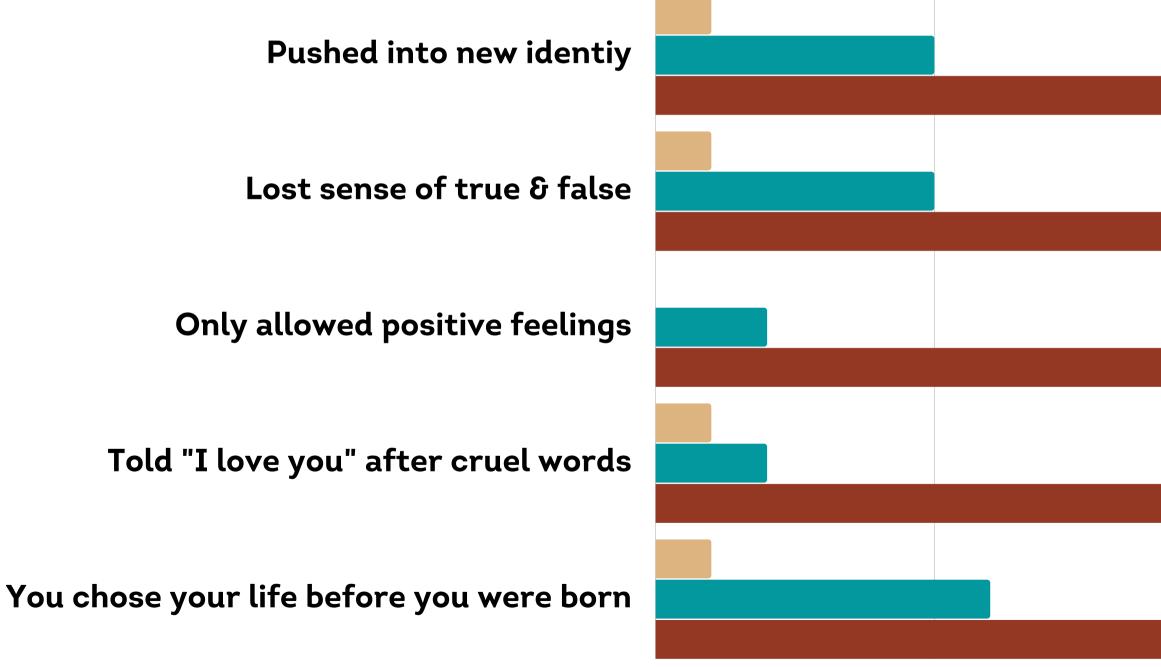


Sometimes Often

Never

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DID YOU EXPERIENCE ANY OF THE FOLLOWING DURING YOUR TIME IN THE GROUP?





Sometimes Often

Never

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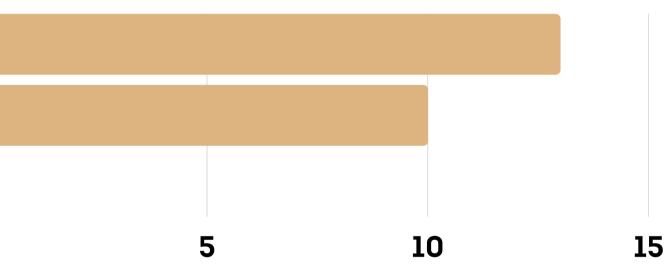
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DO YOU BELIEVE YOU EXPERIENCED EMOTIONAL OR PSYCHOLOGICAL ABUSE DURING YOUR TIME IN THE THE PROGRAM?

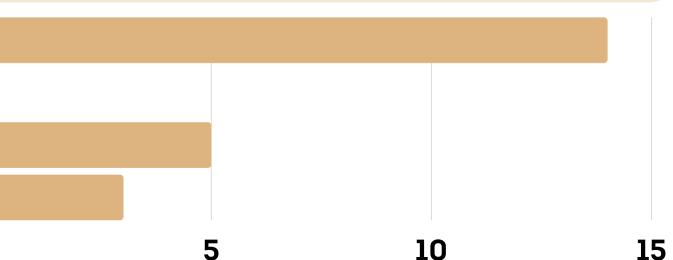
Yes Yes No No Maybe Maybe I don't know 0 5 10 15 20 25 0 **DID STAFF EVER SHARE PERSONAL DETAILS ABOUT YOU TO OTHER GROUP MEMBERS** WITHOUT YOUR CONSENT? Yes Yes No No Maybe Maybe I don't know I don't know 10 0 5 15 0

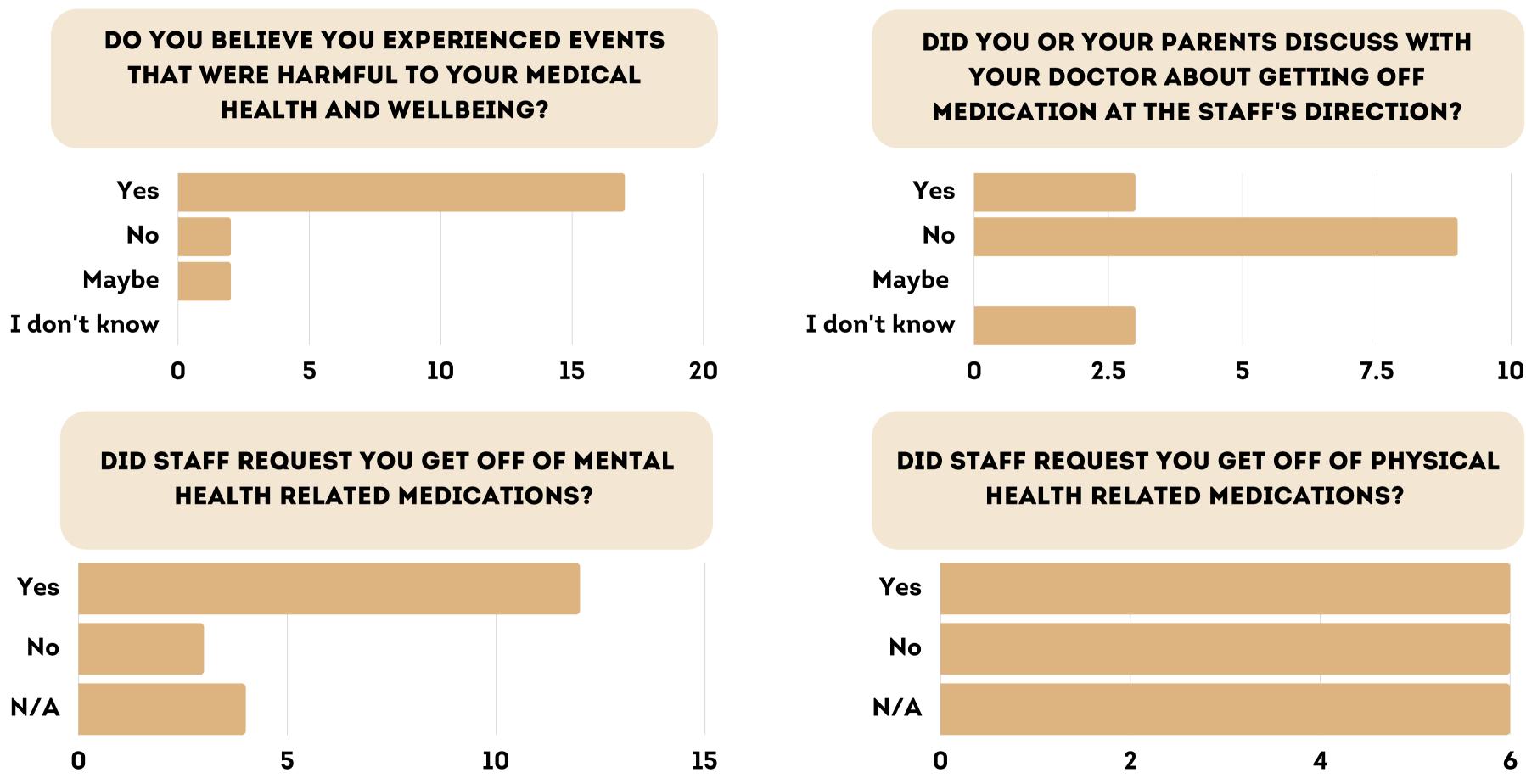


DID YOU EXPERIENCE SUICIDAL IDEATION OR ATTEMPTS WHILE IN THE PROGRAM?



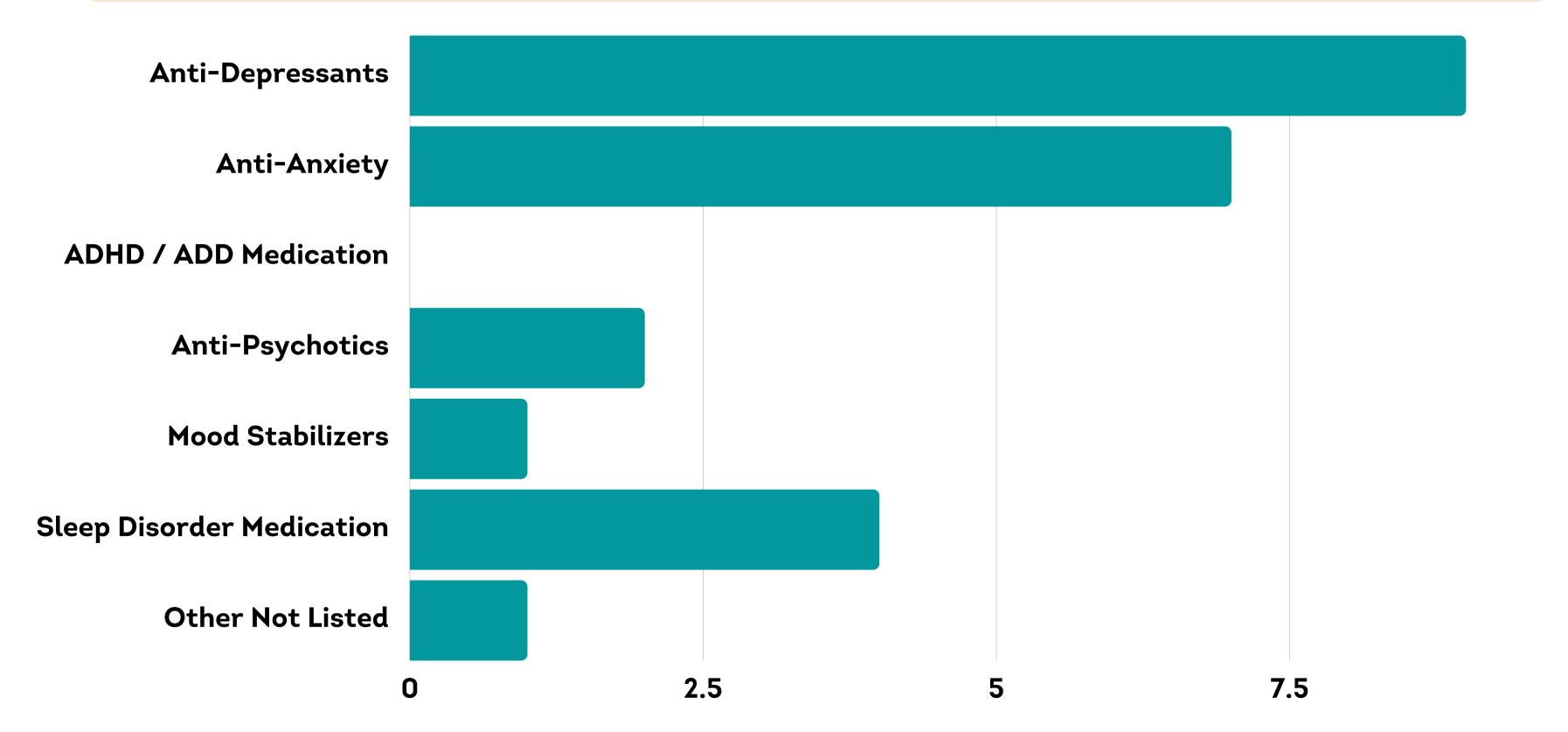
DID STAFF EVER SHARE PERSONAL DETAILS ABOUT OTHER GROUP MEMBERS TO YOU? THIS INCLUDES FORMER GROUP MEMBERS.







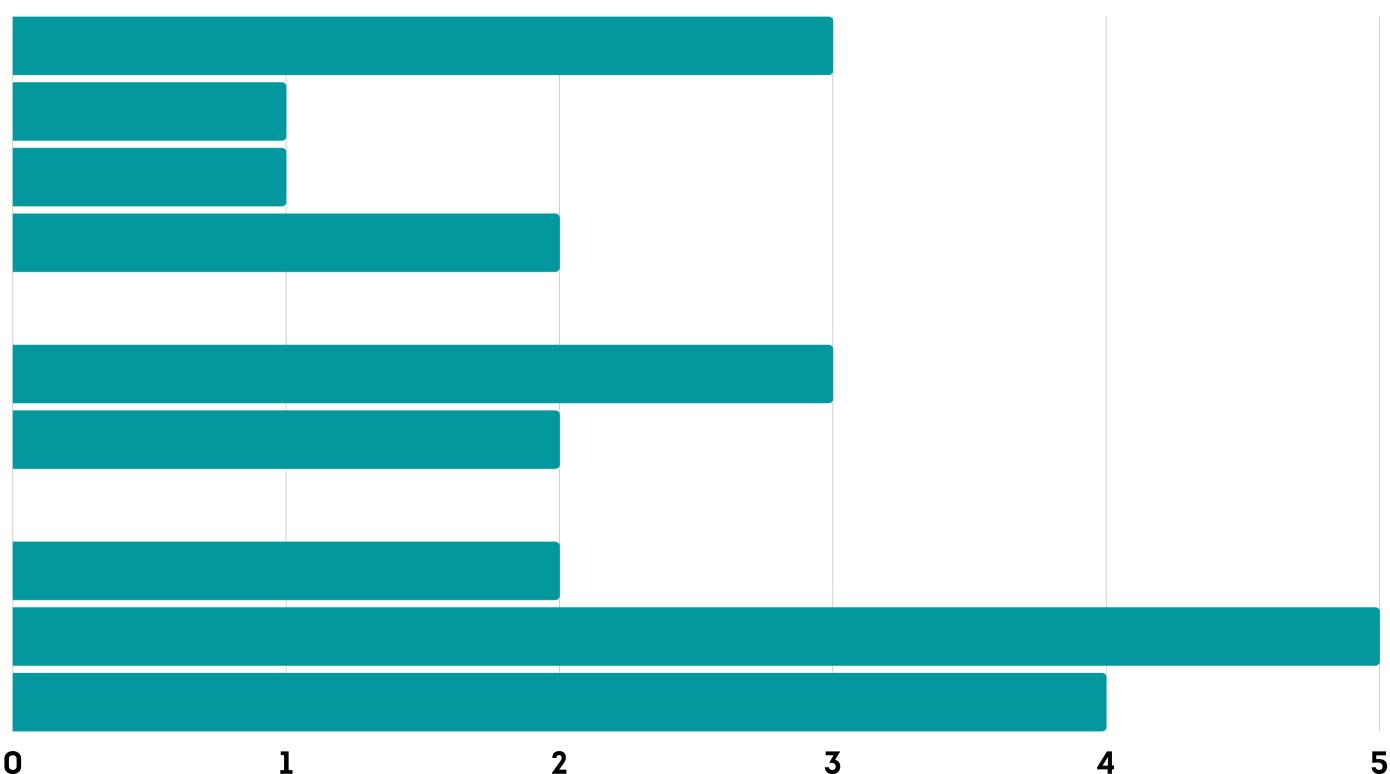
WHICH MENTAL HEALTH RELATED MEDICATIONS DID STAFF DISCOURAGE YOU FROM TAKING?





WHICH PHYSICAL HEALTH RELATED MEDICATIONS DID STAFF DISCOURAGE YOU FROM TAKING?

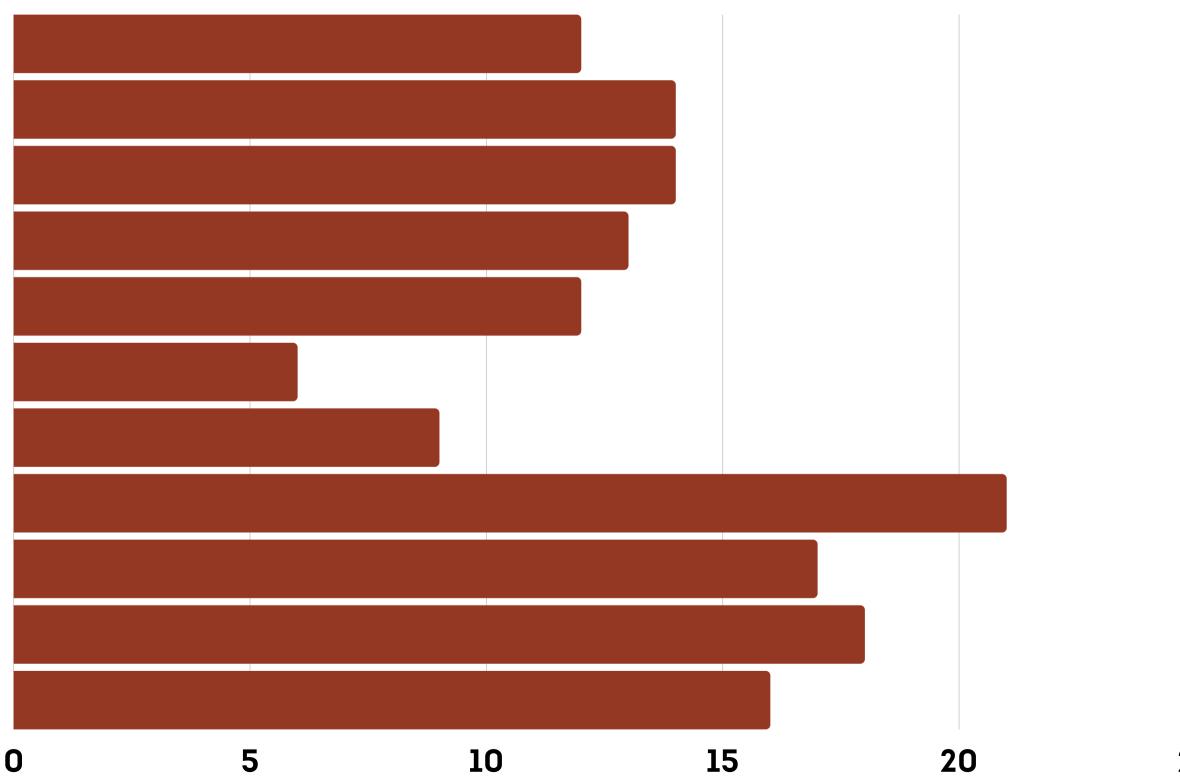
Asthma Inhaler Insulin **Thyroid Medication** Antihistamines **Arthritis Medication Chronic Pain Medication** Antibiotics Antivirals **Vaccines Birth Control Other Not Listed**





DID YOU EXPERIENCE ANY OF THE FOLLOWING IN REGARD TO YOUR HEALTH AND WELLBEING WHILE IN THE GROUP?

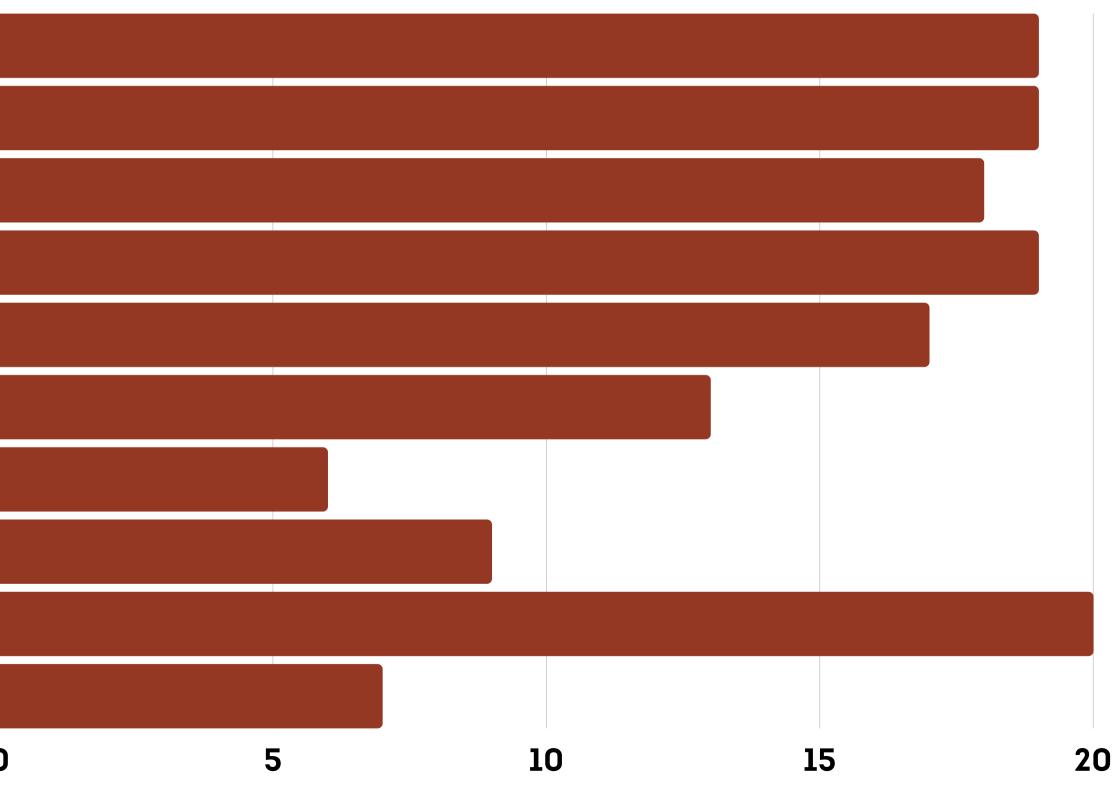
Discredited Previous Diagnosis(es) Refused basic rest or care when sick Discouraged from seeking medical attn. Shamed for taking medications Accused of relapsing for taking meds Taken off meds w/o doctor's approval Taken off meds "cold turkey" **Encouraged to smoke cigarettes** Developed a cigarette addiction Smoked more than a pack a day **Discouraged to quit nicotine**





DID YOU WITNESS STAFF TELLING YOU OR OTHERS INAPPROPRIATE MEDICAL OPINIONS?

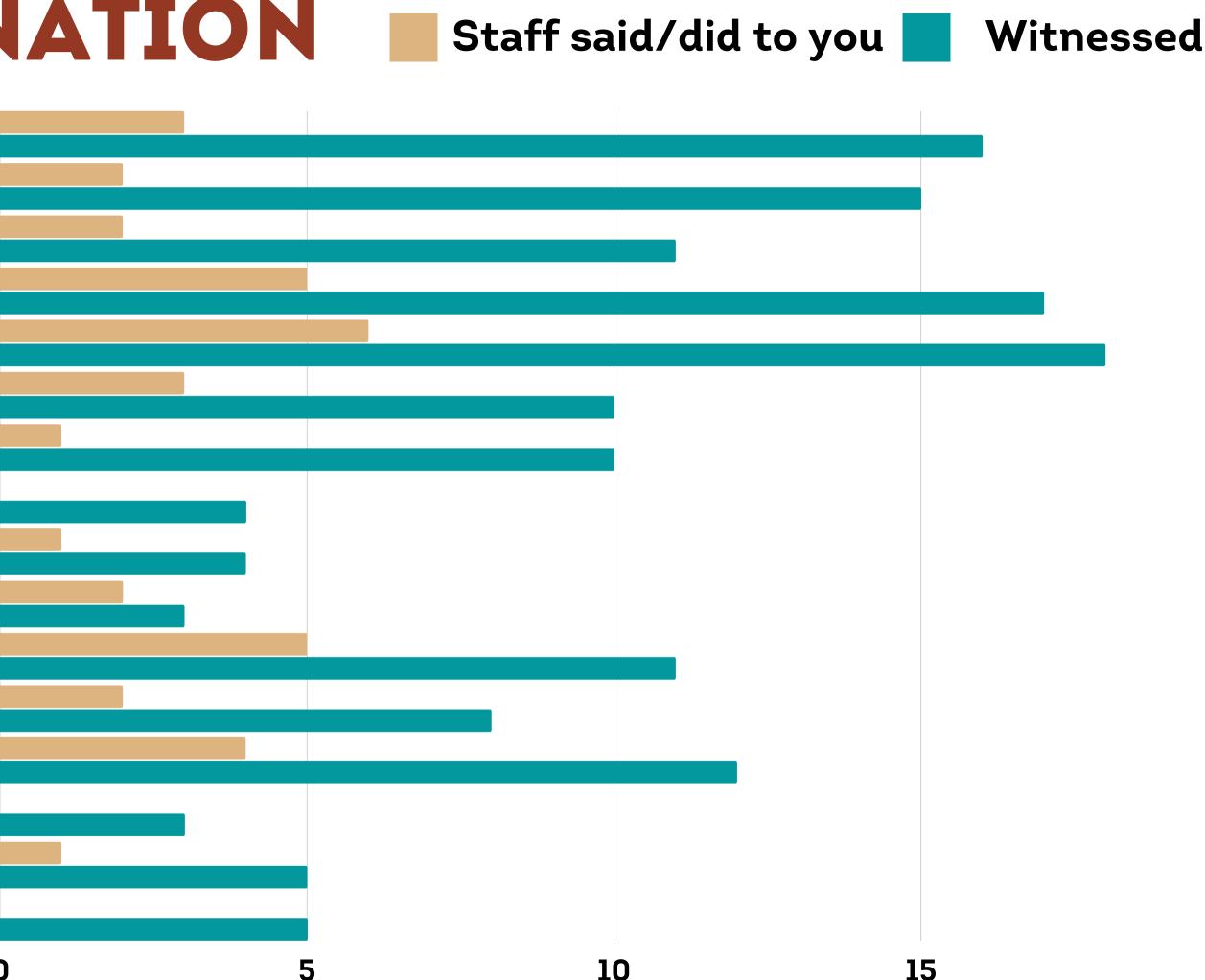
Told ailments were "all in your head" Told ailments were "spiritual sickness" Being "right with God" as a cure "No Victims, Only Volunteers" You "chose" your med. condition "Attention Seeking" medical condition Told you caused someone's illness Birth Control was not sober Anxiety & depression "not real" Told Cancer was not real





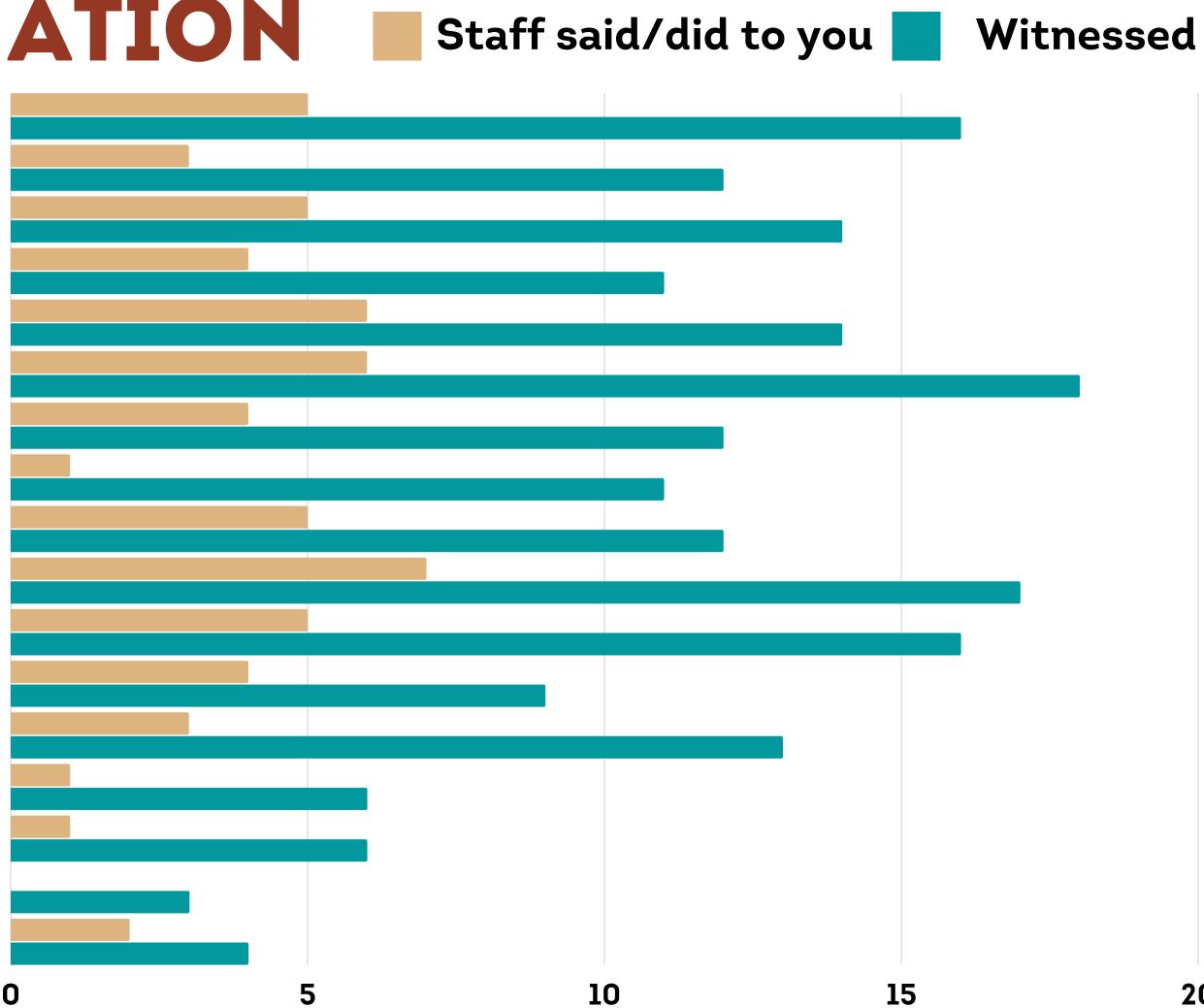
DISCRIMINATION

Racist Jokes **Racist Slurs** Mocking another race **Derogatory name calling Perpetuated Stereotypes** Shaming interracial relationships **Confederate Flags Displayed** Told the KKK protected people Blackface **Nooses Displayed BIPOC** have "victim mentality" **BIPOC** can't get sober **Micro-Aggressions Asked Immigration Status** Deny cultural heritage Asked to only speak English



DISCRIMINATION

Homophobic Jokes Transphobic Jokes **LGBTQ+ Slurs** Mocking LGBTQ+ Derogatory name calling **Perpetuated Stereotypes** Told drugs cause homosexuality Told porn causes homosexuality Molestation causes homosexuality LGBTQ+ are "confused" LGBTQ+ are "spiritually sick" LGBTQ+ are sexually deviant LGBTQ+ are "attention seeking" Made to wear gendered clothes Made to date appropriate gender Made to have sex w/ certain gender Made to "come out" as straight

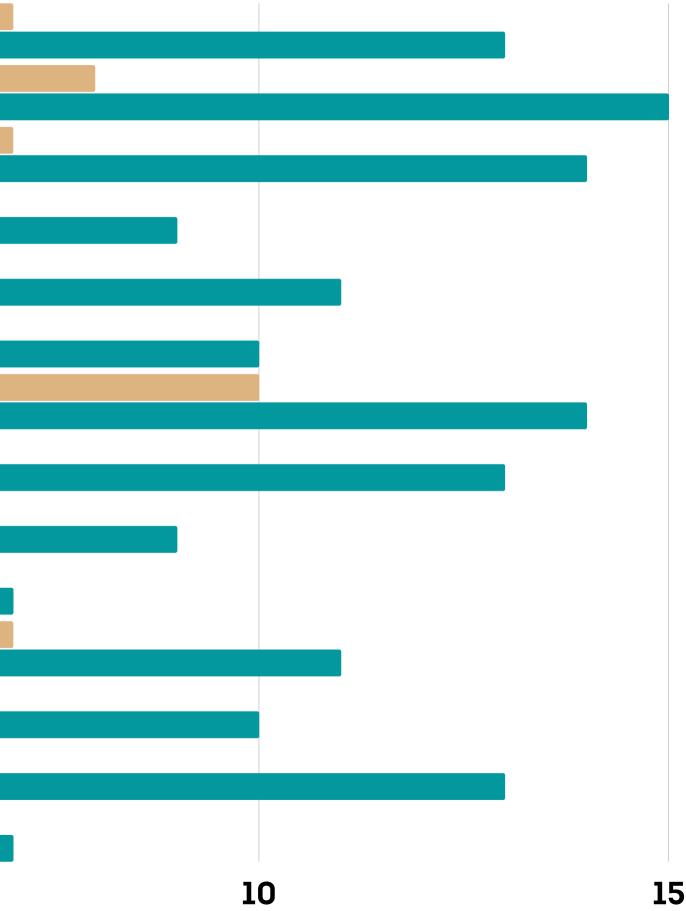


DISCRIMINATION Staff s

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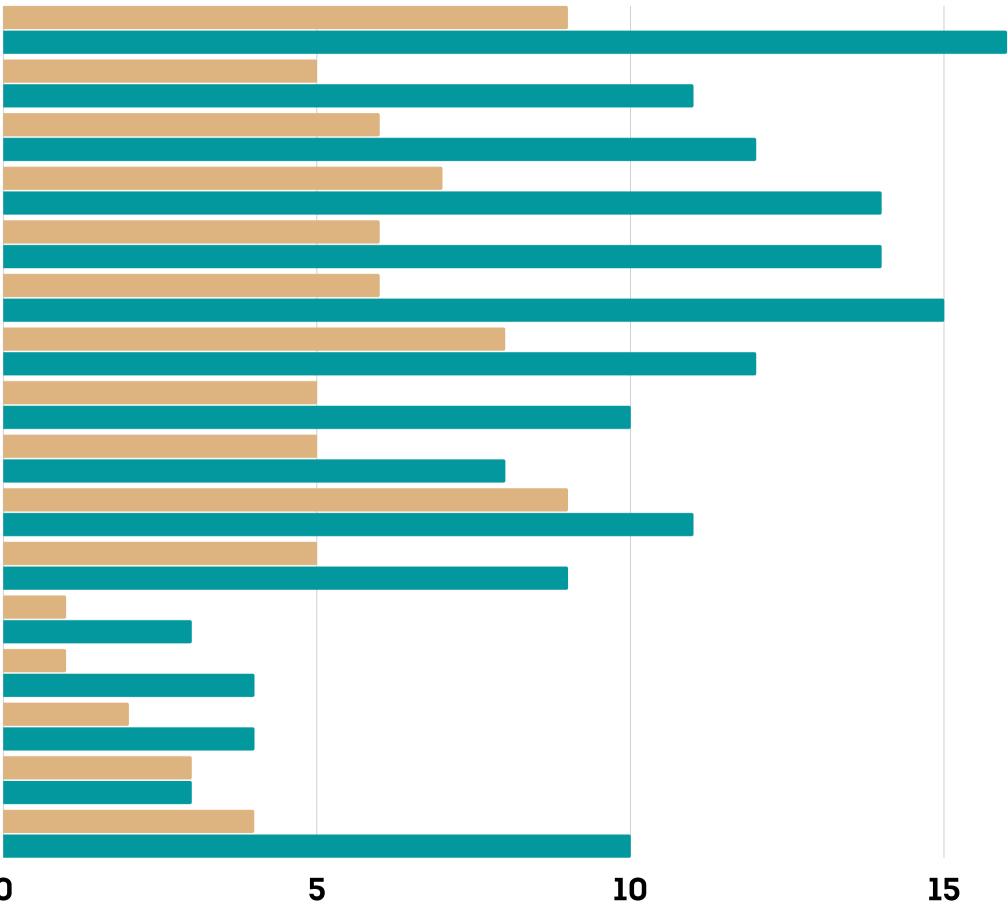
Jokes about Weight Jokes about Eating Disorders **Derogatory name calling** Mocking overweight Mocking people with E.D. **Perpetuated Stereotypes** E.D. were "attention seeking" Being OW was "self hate" Weight reflected "spiritual condition" Dating OW meant low self worth **Bullied for body size** Forced to eat food publicly **Discouraged exercise Encouraged skipping meals**





DISCRIMINATION Staff said/did to you

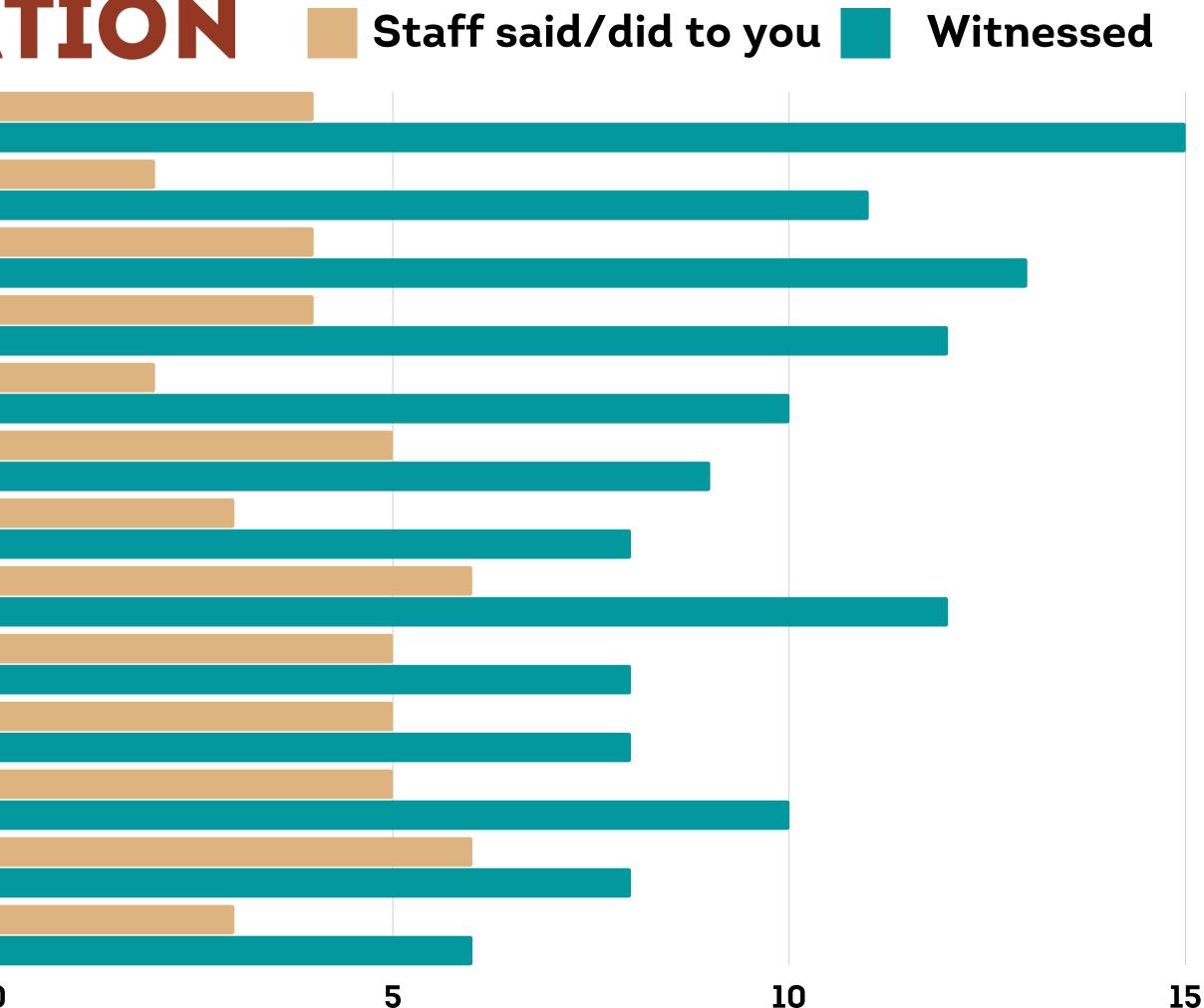
Sexist jokes Rape Jokes **Domestic Violence Jokes Sexist Slurs Derogatory name calling Perpetuated Stereotypes** women must rely on men for logic women don't like / consent to sex "Commitments" to be masc/fem Made to say "yes" to unwanted date Shamed for refusing dates Kicked out due to pregnancy Pressured into abortion Pressured into having a baby Pressured into adoption Allowing sexual predator to remain



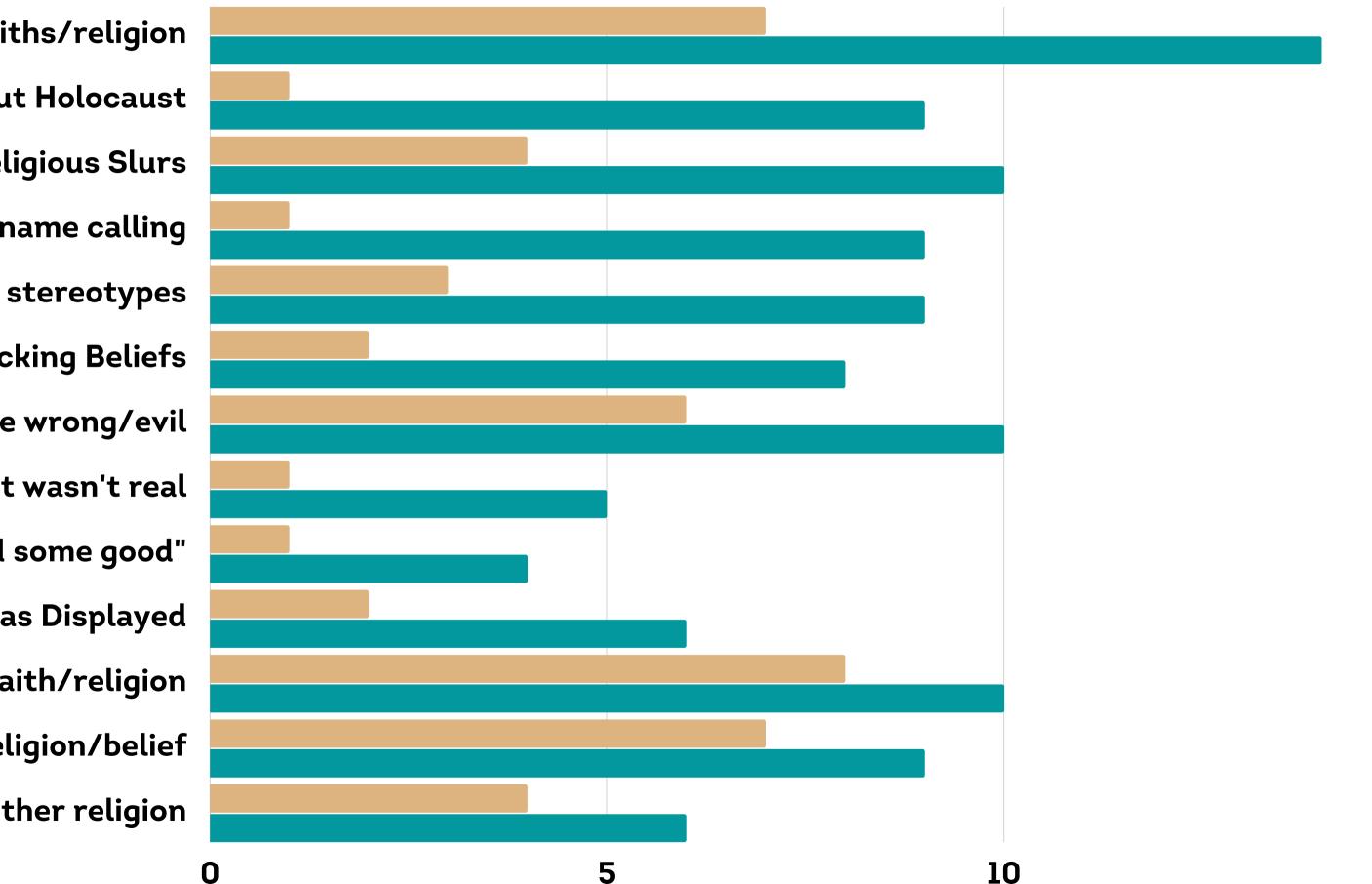


DISCRIMINATION Staff s

Jokes about disabilities **Derogatory name calling** Disability slurs Mocking disabled people Perpetuated harmful stereotypes Disabilities are "spiritual sickness" Disabilities are "karma from a past life" No Victims, Only Volunteers to disabled Accused of faking disability Disabilities can be spiritually cured Being disabled was "attention seeking" Disabilities are "all in your head" **Discouraged from receiving SSI**



DISCRIMINATION

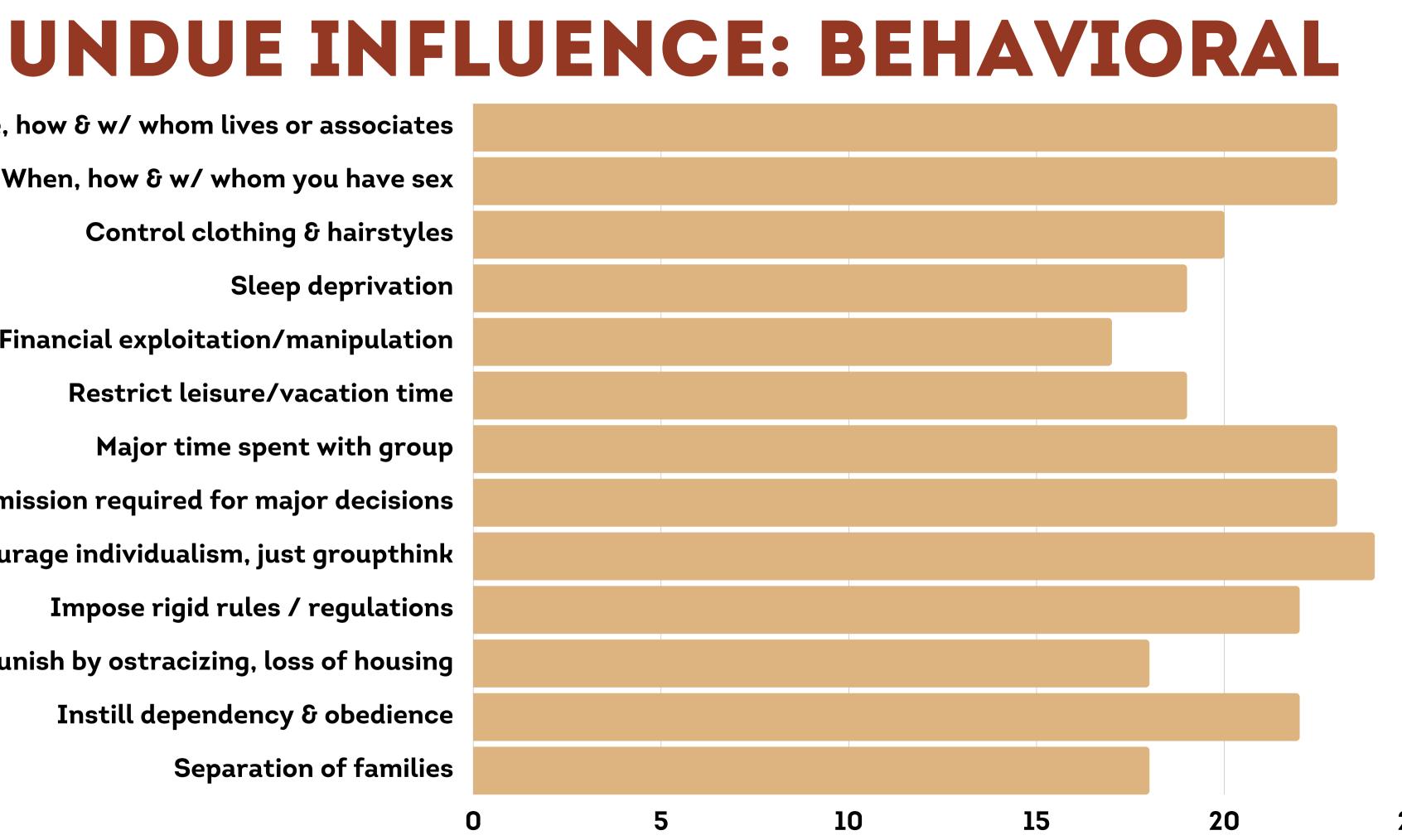


Jokes about beliefs/faiths/religion Jokes about Holocaust **Religious Slurs Derogatory name calling** Perpetuated harmful stereotypes Mocking Beliefs Other beliefs were wrong/evil Told Holocaust wasn't real Told Holocaust "did some good" Swastikas Displayed Shamed for belief/faith/religion **Discouraged from religion/belief** Made to convert to another religion



Witnessed

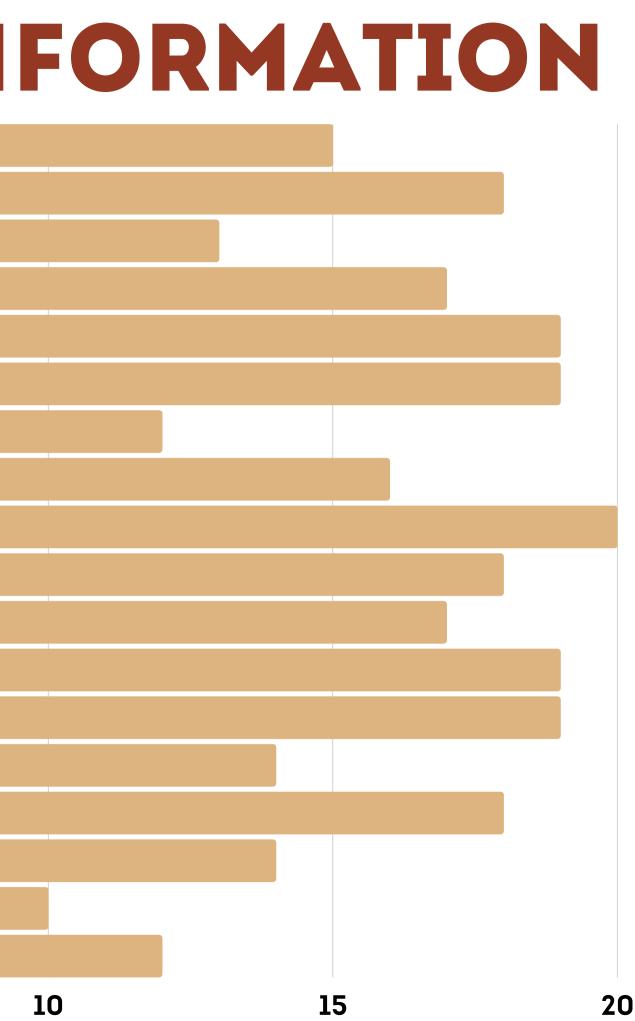
Where, how & w/ whom lives or associates When, how & w/ whom you have sex **Control clothing & hairstyles** Sleep deprivation Financial exploitation/manipulation **Restrict leisure/vacation time** Major time spent with group Permission required for major decisions Discourage individualism, just groupthink Impose rigid rules / regulations Punish by ostracizing, loss of housing Instill dependency & obedience Separation of families



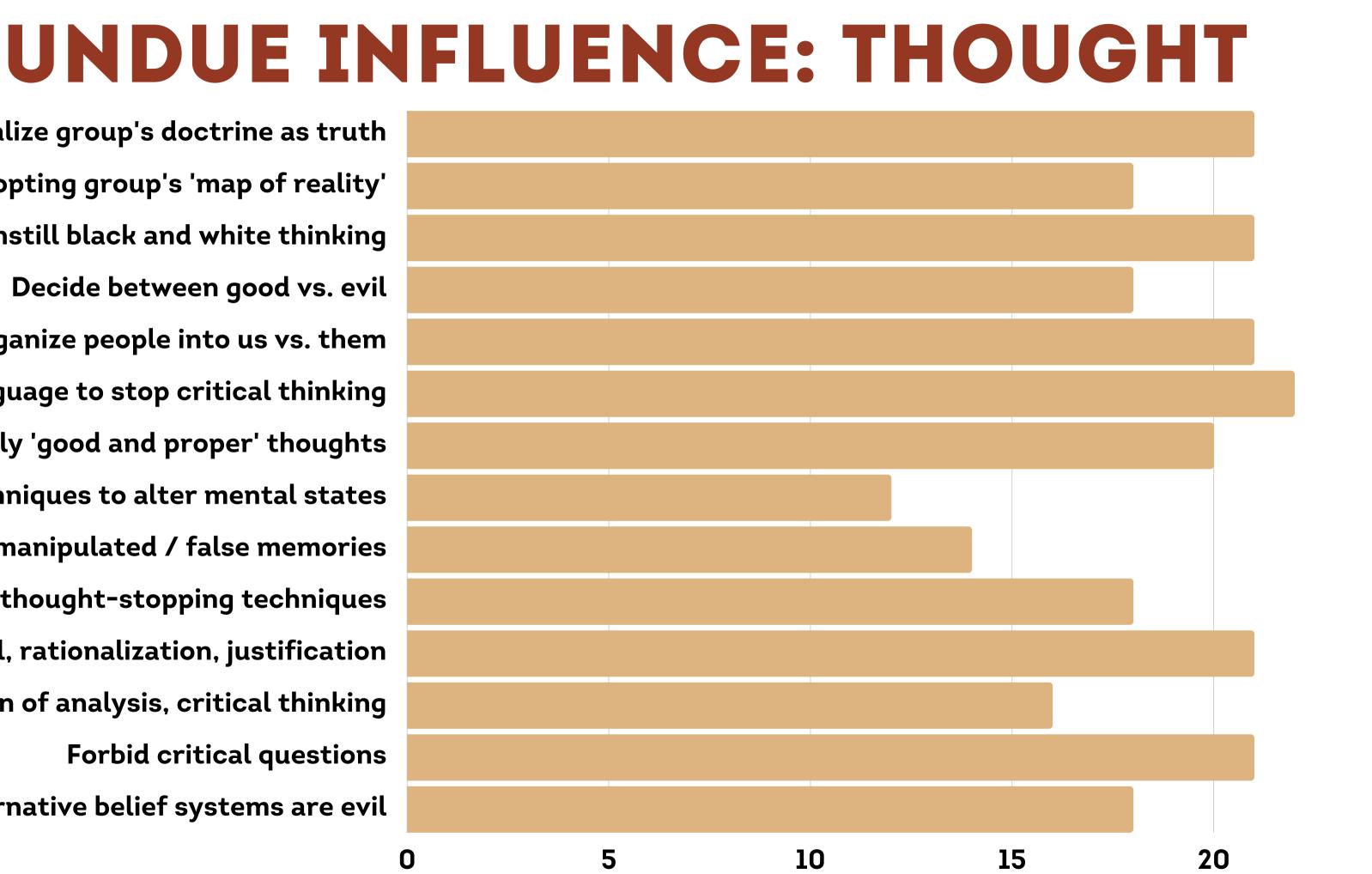
UNDUE INFLUENCE: INFORMATION

Deliberately withheld information Distort info to make it acceptable Systematically lies Minimize critical info **Discourage talking w/ former clients** Keep busy, no time to think Control cell phone, texting, calls, tracking Control info at different levels Only leaders decide who knows what **Encourage spying on other members** Buddy system to monitor/control **Report deviant thoughts/feelings/actions** Individuals monitored by group Misquoting outside sources Unethical use of confession Info used to disrupt identity boundaries Withholding forgiveness Manipulation of memory, false memories

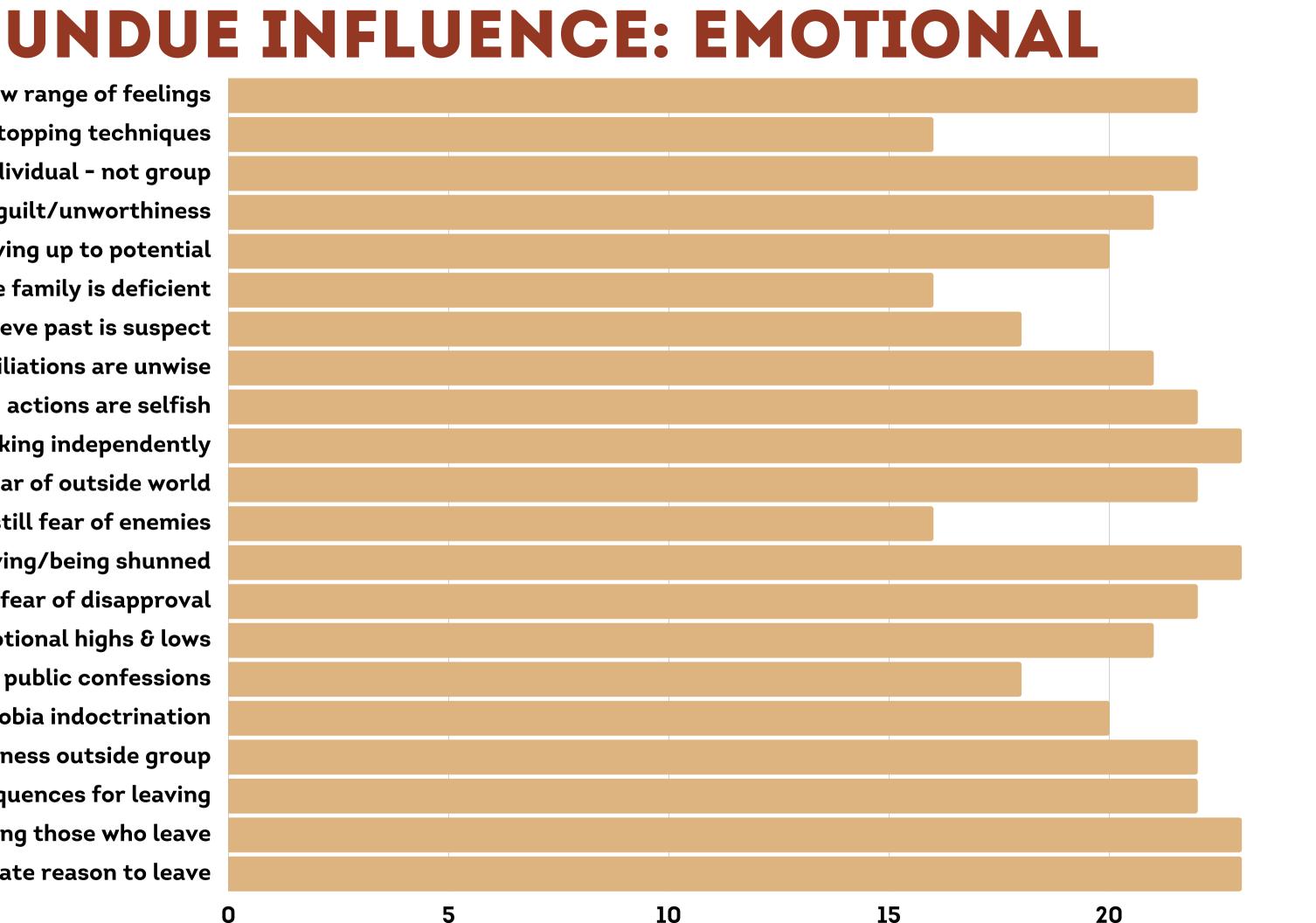
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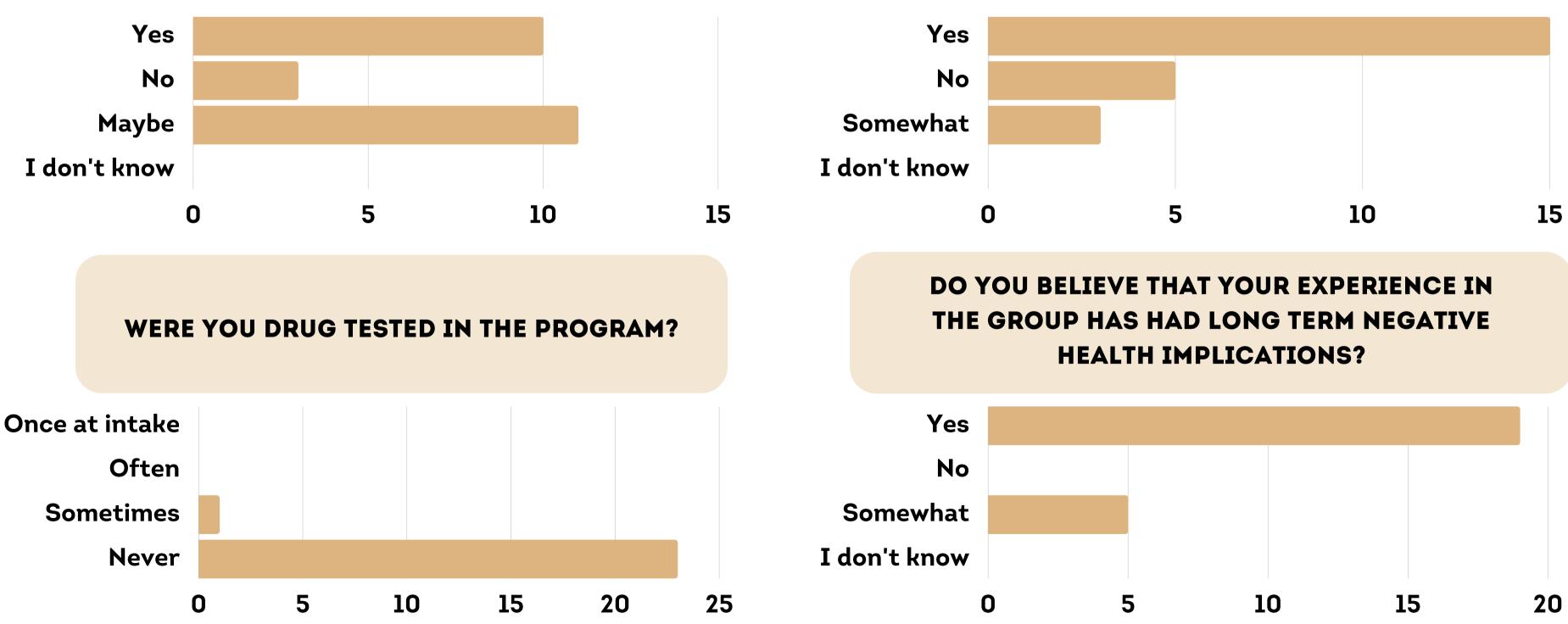
Internalize group's doctrine as truth Adopting group's 'map of reality' Instill black and white thinking Decide between good vs. evil Organize people into us vs. them Loaded language to stop critical thinking Only 'good and proper' thoughts Hypnotic techniques to alter mental states Memories manipulated / false memories Teaching thought-stopping techniques Denial, rationalization, justification Rejection of analysis, critical thinking Forbid critical questions Alternative belief systems are evil



Manipulate & narrow range of feelings Teach emotion-stopping techniques Problems are individual - not group **Promote feelings of guilt/unworthiness** Believe you are not living up to potential Made to believe family is deficient Made to believe past is suspect Believe affiliations are unwise Thoughts, feelings, actions are selfish Instill fear of thinking independently Instill fear of outside world Instill fear of enemies Instill fear of leaving/being shunned Instill fear of disapproval Extreme emotional highs & lows **Ritualistic public confessions** Phobia indoctrination No happiness outside group **Terrible Consequences for leaving** Shunning those who leave Never legitimate reason to leave



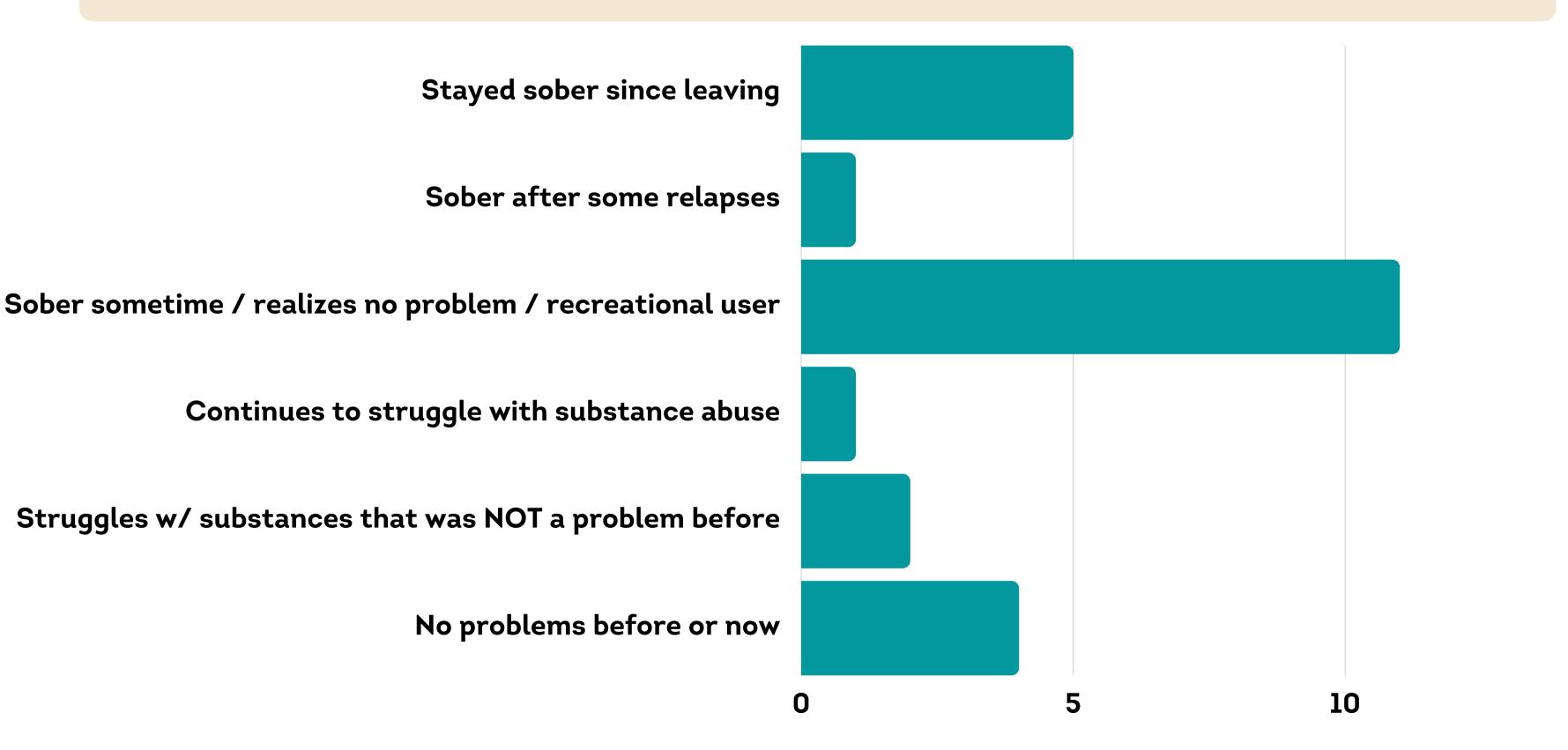
DO YOU PERSONALLY BELIEVE YOU SUFFERED FROM CHEMICAL DEPENDENCY / DRUG ADDICTION WHEN YOU ARRIVED AT THE PROGRAM?





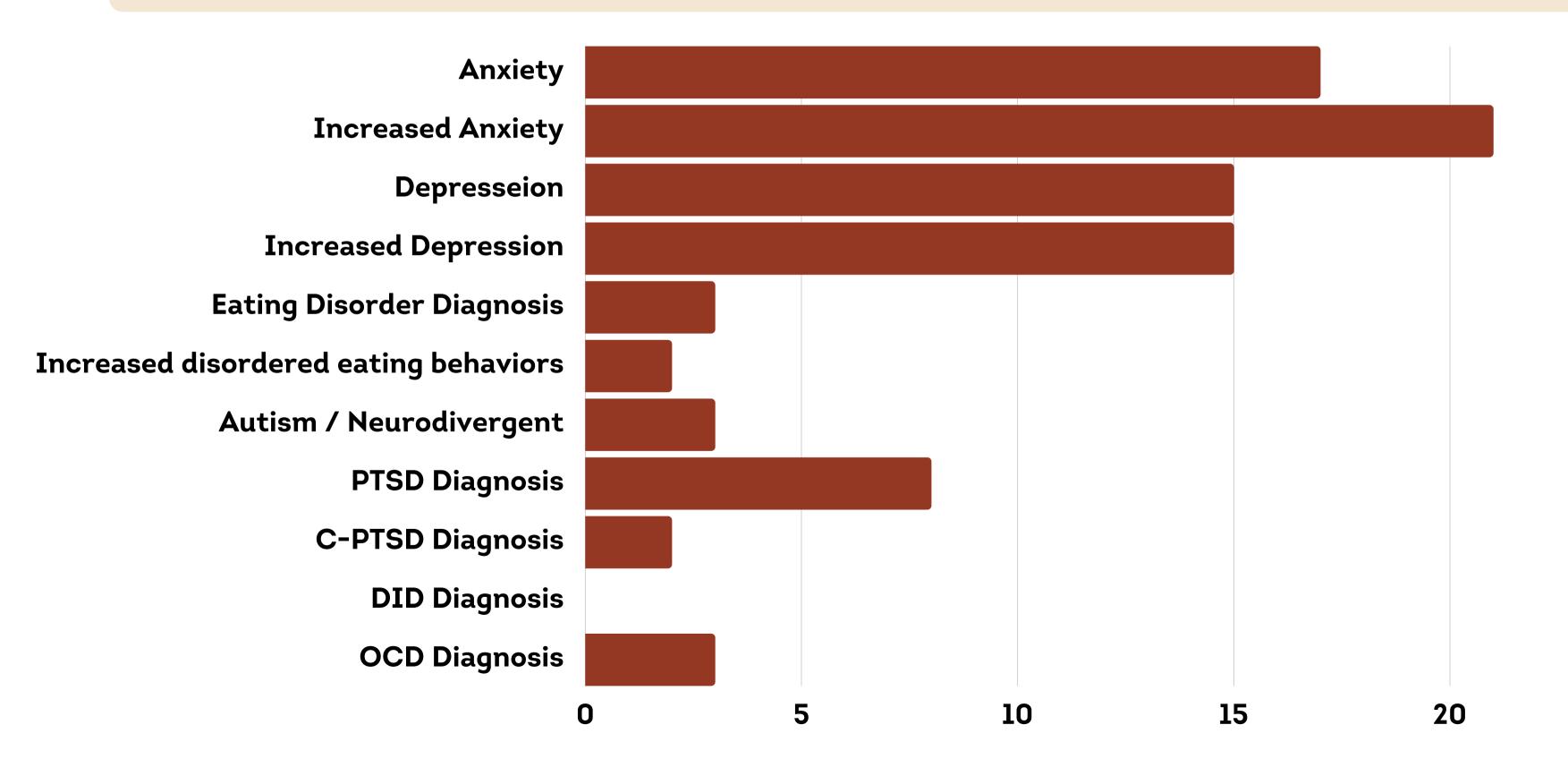
DO YOU FEEL THE PROGRAM ENCOURAGED YOU TO **EXAGGERATE OR LIE ABOUT YOUR SUBSTANCE ABUSE HISTORY?**

AFTER LEAVING THE PROGRAM, HOW WOULD YOU JUDGE YOUR CURRENT STATUS WITH NARCOTICS OR ALCOHOL?





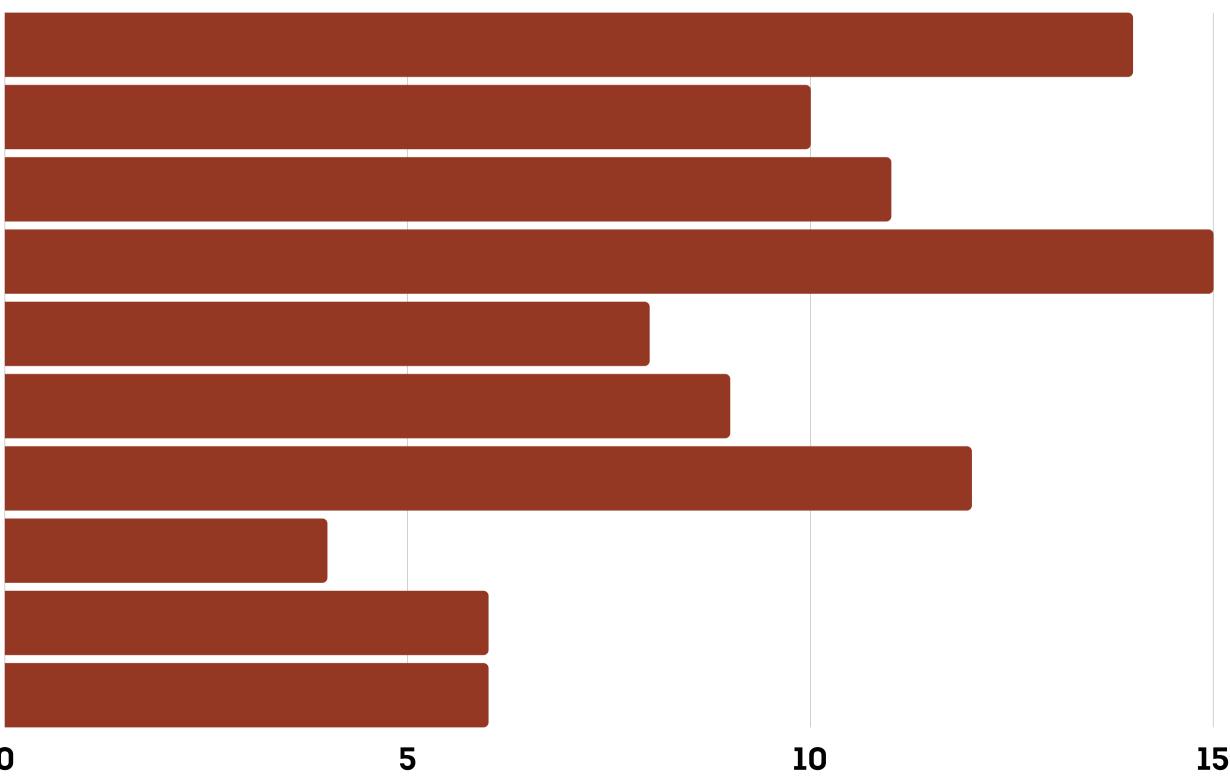
HAVE YOU EXPERIENCED ANY OF THE FOLLOWING SYMPTOMS/ISSUES/DIAGNOSIS SINCE YOUR TIME IN THE GROUP?





HAVE YOU EXPERIENCED ANY OF THE FOLLOWING SYMPTOMS/ISSUES/DIAGNOSIS SINCE YOUR TIME IN THE GROUP?

Panic attacks **Flashbacks Sleep disturbances / nightmares** Intrusive thoughts or memories **Compulsive actions or thoughts Disassociation / derealization** Paranoia / Suspicious of others **Unreasonably superstitious Explosive temperment** Uncontrolled outburst of anger

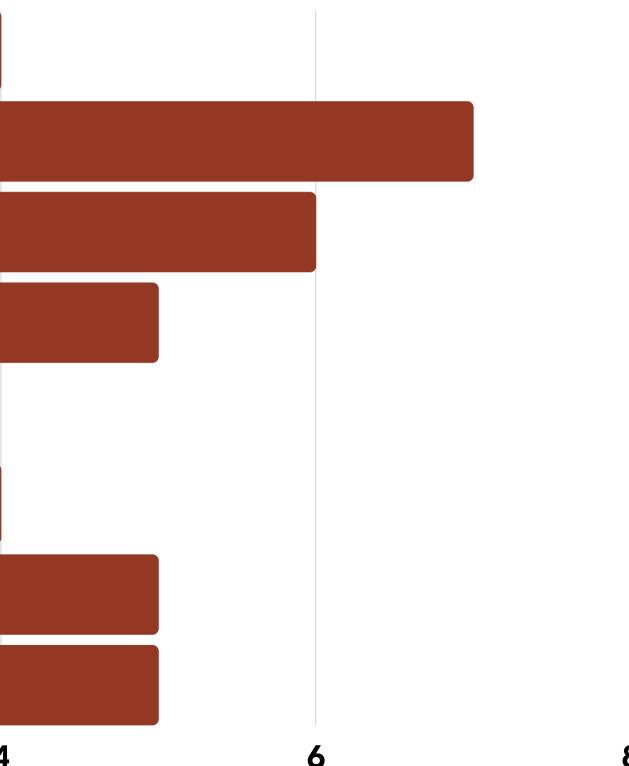




HAVE YOU EXPERIENCED ANY OF THE FOLLOWING SYMPTOMS/ISSUES/DIAGNOSIS SINCE YOUR TIME IN THE GROUP?

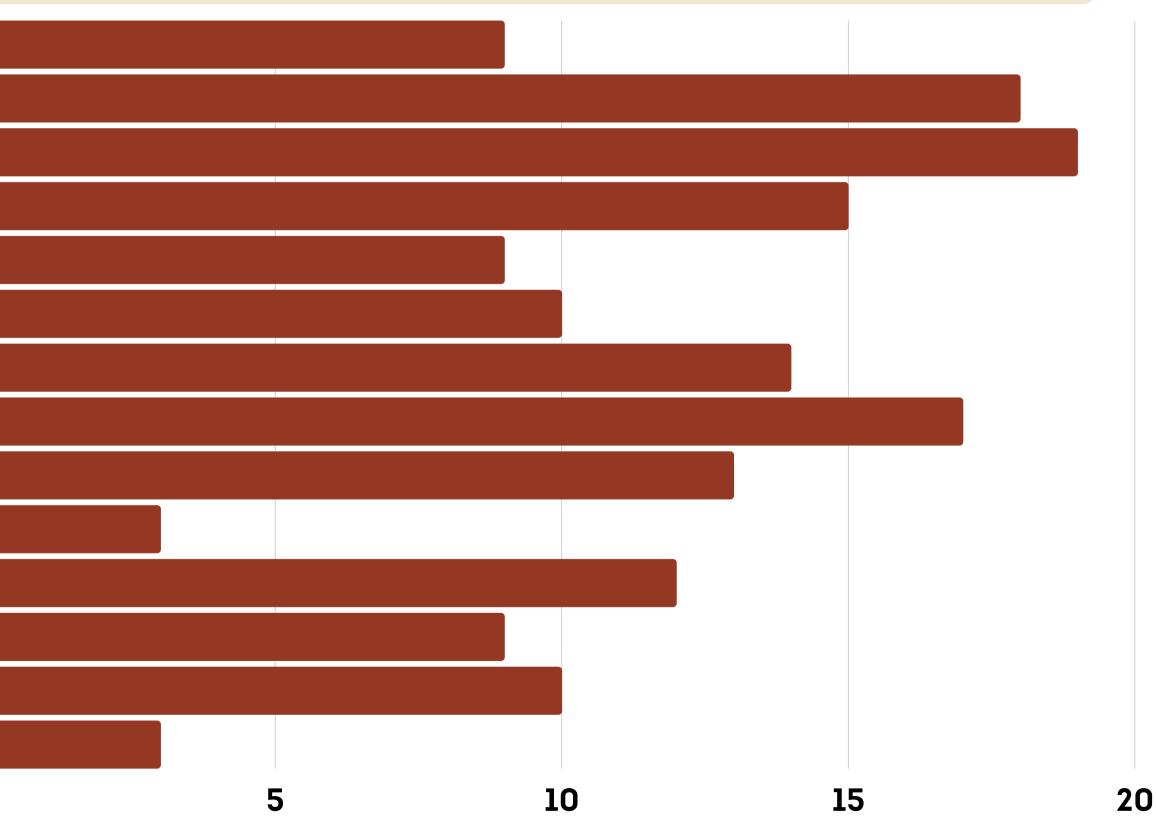
Increased self-harm behavior			
Self-destructive behavior			
Increased drug use			
Use of harder drugs			
Overdoses			
Chronic Illness			
Chronic Pain			
Auto-immune disorder			
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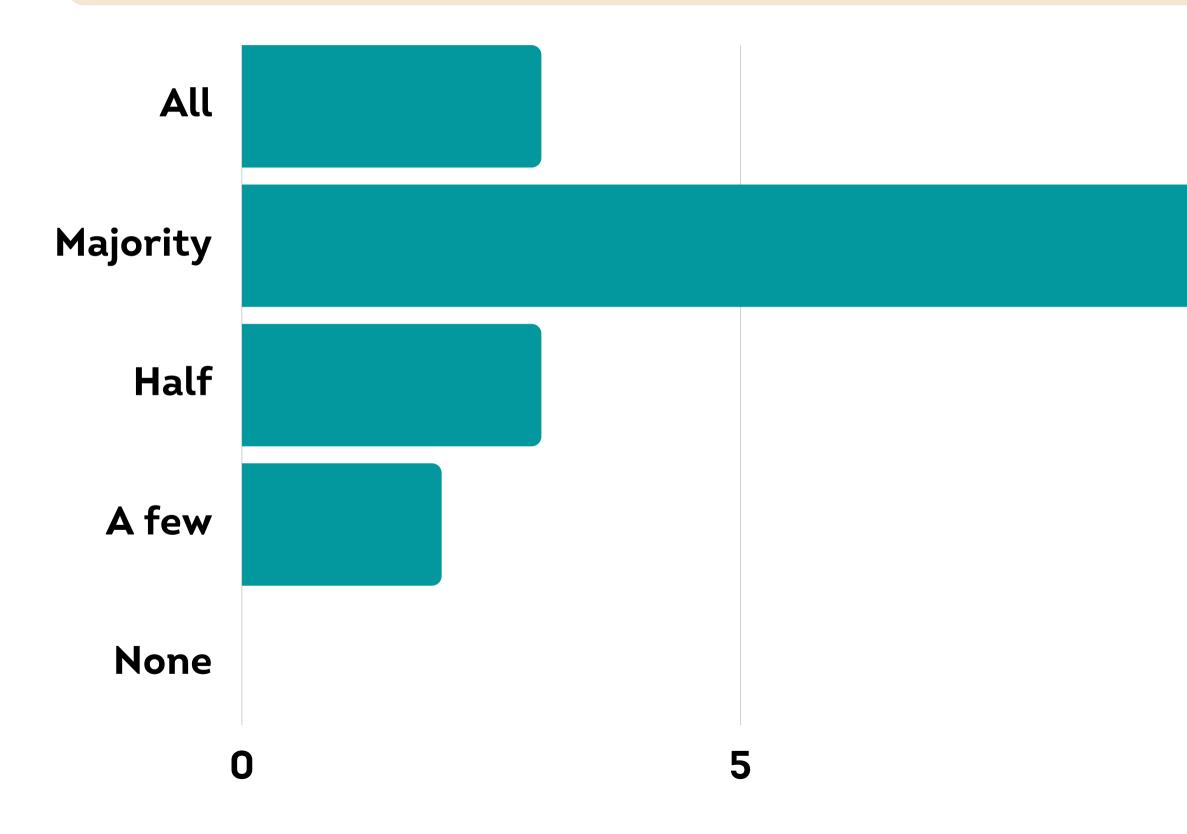
HAVE YOU EXPERIENCED ANY OF THE FOLLOWING SYMPTOMS/ISSUES/DIAGNOSIS SINCE YOUR TIME IN THE GROUP?

Damaged familial relationships **Troubled forming healthy relationships** Lack of social skills Lack of boundaries Codependency Hyper-vigilance **Emotionally distant** Behind in education **Behind in job experience** Inability to hold a job Behind in personal achievements Hoplessness Suicidal Ideation Suicide attempts





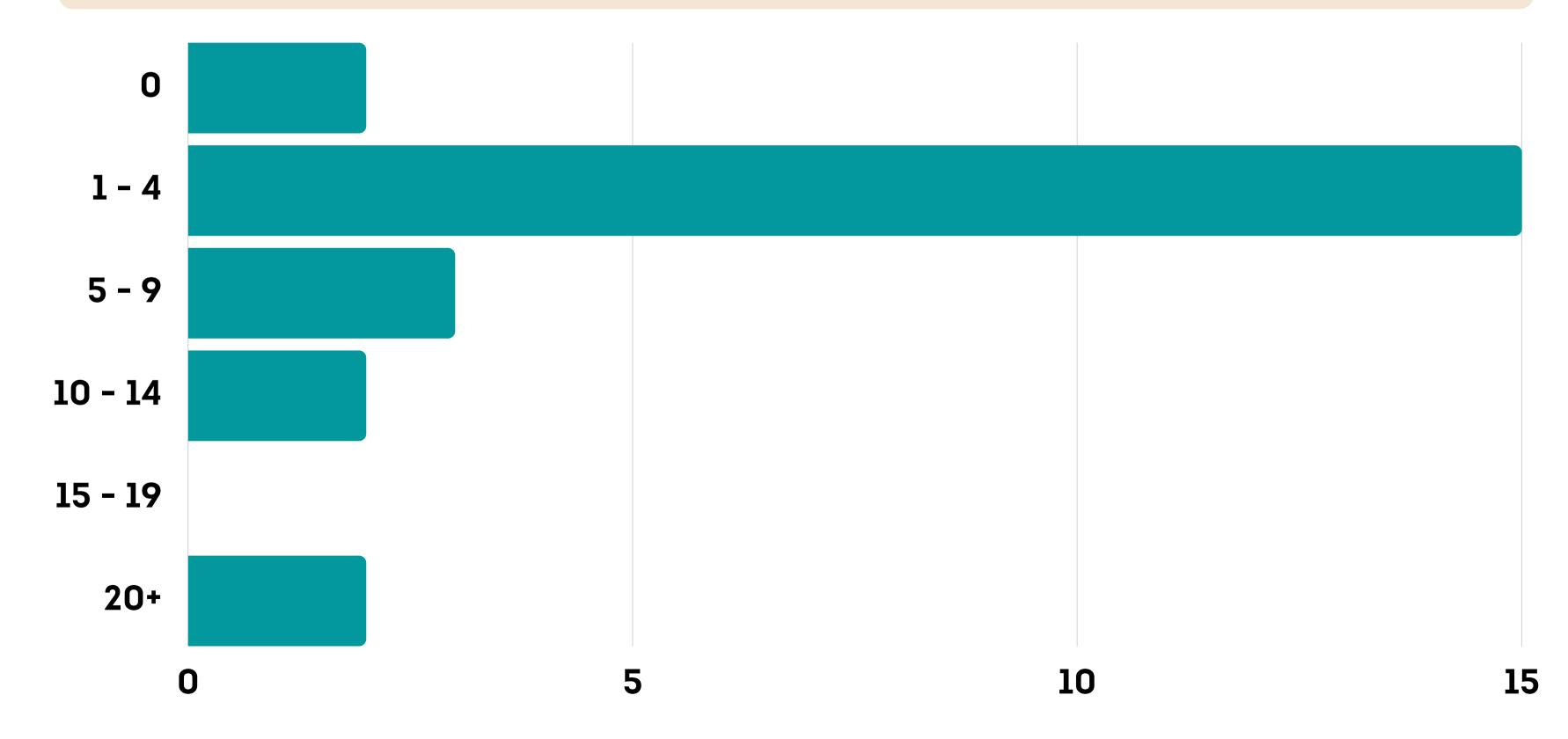
HOW MANY OF THESE SYMPTOMS/ISSUES/DIAGNOSIS DO YOU ATTRIBUTE TO YOUR TIME IN THE GROUP?





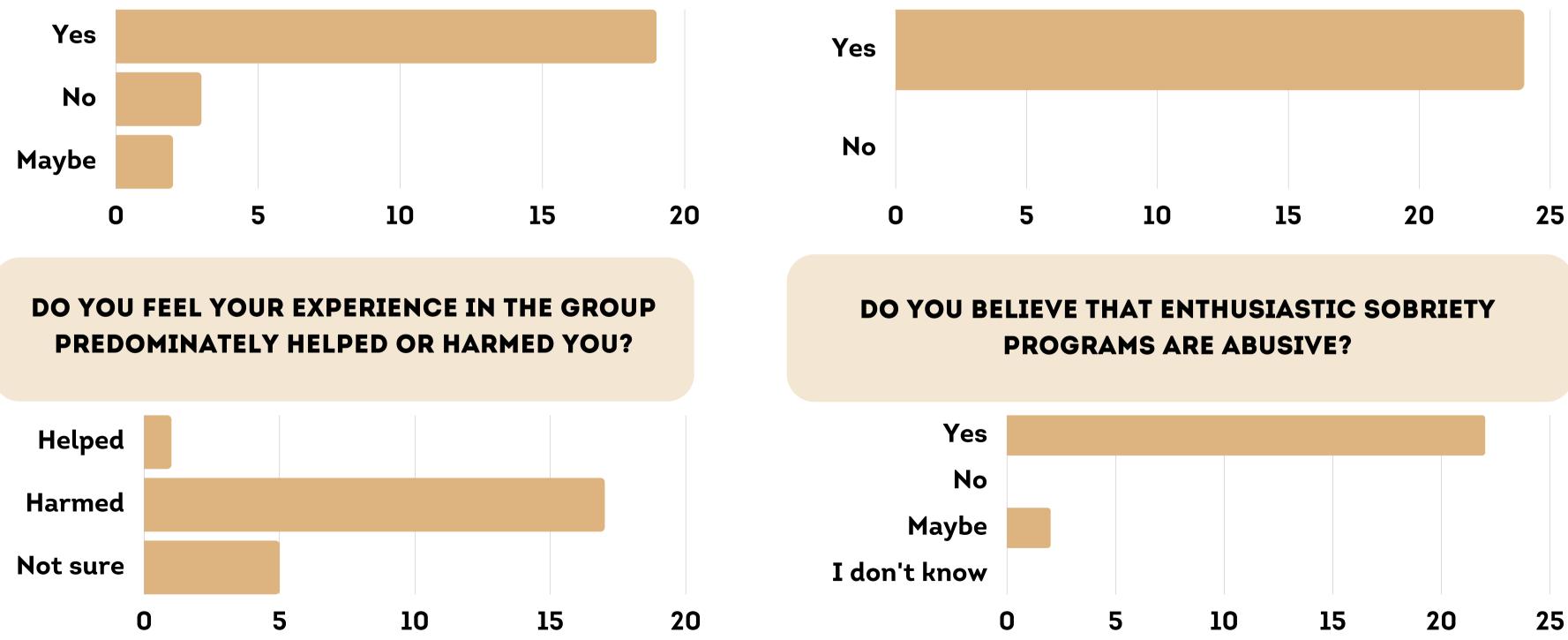


SINCE YOUR TIME IN THE GROUP, HOW MANY MEMBERS HAVE YOU KNOWN TO DIE BY SUICIDE OR OVERDOSE?





DID YOU EXPERIENCE BEING SET BACK IN SCHOOL DUE TO THE GROUP?





DO YOU FEEL THAT THE PROGRAM MISTREATED ITS CLIENTS?

HOW LONG DID IT TAKE YOU TO REALIZE THE PROGRAM'S MISTREATMENT OR ABUSE?

